

Dear RDC Guests,

Welcome to Rockywold-Deephaven Camps. We are very happy to have you join us this season and promise to do our best to help make your time here as satisfying as it can be.

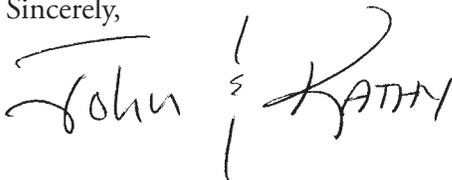
In an effort to better inform you of Camp activities and procedures, we have developed this manual. We hope you, your family and friends will take the time to become aware of its contents and use the manual as a quick reference to answer questions you may have. Please pay particular attention to the sections on Dining Information, Emergency Procedures, and Boating Safety.

Enclosed you will find:

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On behalf of all the staff at RDC, we hope you have a wonderful vacation. If we can be of any assistance to you during your stay please do not hesitate to call upon us.

Sincerely,



John Jurczynski & Kathy Wheeler
RDC Co-General Managers



Photo by Thea Coughlin

STATEMENT OF PURPOSE

RDC's Purpose

RDC's purpose is to serve as a vacation community where people of all ages can enjoy the company of family and friends, and refresh their minds and bodies in a place of great natural beauty. The Camps seek to maintain a simple but comfortable environment which values continuity and lasting friendships but welcomes newcomers and promotes diversity.

Guiding Principles for RDC's Leadership

To fulfill this purpose, RDC must preserve the essence of what has made the place unique, especially the extraordinary natural setting. The Camps must practice responsible stewardship of our lands and watershed and show leadership in the region's social and environmental affairs. We must also continue to be a responsive enterprise, seeking continually to improve services and facilities to meet the needs of our community



Photo by Marie Spalla

through the careful and sensitive adaptation of traditional operations. We must ensure that persons of all backgrounds who cherish nature can find enrichment on our shores, in a place where coming together and being alone are equally respected.

To uphold these principles, the Board of Directors of RDC, management and staff must maintain a balance among the interests of four constituencies:

Our guests, by providing reasonably priced vacations that reflect quality without pretense, simple but comfortable facilities and a competent and friendly staff.

Our investors, by sustaining shareholder value - both monetary and non-monetary: monetary value through prudent fiscal management; and non-monetary value through enhancing shareholder enjoyment of and participation in the institution, thereby strengthening commitment to the purpose of RDC.

Our staff and summer employees, by providing competent leadership, good working conditions and fair wages.

The Town of Holderness, as well as other Squam Lakes communities, by actively working with public and private organizations and individuals in pursuit of objectives for the Squam Lakes environment which are compatible with those of RDC.



RDC 2018 STAFF LIST

ADMINISTRATION	POSITION	Years @ RDC	HOME	HOUSEKEEPERS	POSITION	Years @ RDC	HOME
John Jurczynski	Co-General Manager	29	Holderness, NH	Masha Shaw	Housekeeping Supervisor	10	Russia
Kathy Wheeler	Co-General Manager	29	Holderness, NH	David Oman	Head Housekeeper	2	Slovenia
Ann Rampulla	Finance/HR Manager	26	New Hampton, NH	Tadeja Skubic	Head Housekeeper	3	Slovenia
Becky Frost	Office Manager	26	Holderness, NH	Olivia Frost	Housekeeping	5	Pembroke, NH
Annie Krom	Admin. Assistant	15	Sandwich, NH	Anja Magdic	Housekeeping	2	Slovenia
Lucia Moore	Admin. Assistant	7	Campton, NH	Ana Sotlar	Housekeeping	2	Slovenia
Jim Mavris	Accounting Manager	1	Meredith, NH	Briana Clavijo Flores	Housekeeping	1	Mexico
				Diana Torre	Housekeeping	1	Mexico
OFFICE				Diana Zemanova	Housekeeping	1	Czech Republic
Rachael Kelly	Office	4	Newfields, NH	Adelya Khasanova	Housekeeping	1	Russia
Anneke Huynen	Office	4	Holderness, NH	Edina Makovec	Housekeeping	1	Slovenia
Makenzie Sheehan	Office	1	Yarmouth, ME	Ewelina Cwik	Housekeeping	1	Poland
Mirjam Grahut	Office	1	Slovenia	Judyta Gruszka	Housekeeping	1	Poland
Sandra Radovic	Office	1	Slovenia	Marcin Dymanus	Housekeeping	1	Poland
Analiese Wagner	Office	1	Newberry, FL	Marko Stanonik	Housekeeping	1	Slovenia
				Martyna Marcula	Housekeeping	1	Poland
CAMP DRIVER				Michal Hajkowicz	Housekeeping	1	Poland
Mojca Hegedic	Camp Driver	3	Slovenia	Michal Havlicek	Housekeeping	1	Czech Republic
				Michal Wozniak	Housekeeping	1	Poland
REC. COMMITTEE				Natella Usacheva	Housekeeping	1	Russia
Alex Chelstowski	Rec. Supervisor	6	Holderness, NH	Nic Primc	Housekeeping	1	Slovenia
Sally Dent	Rec. Committee	2	Holliston, MA	Nicole Elliot	Housekeeping	1	Essex Falls, NJ
Ryan Hambrook	Rec. Committee	2	Sandwich, NH	Patrycja Szalasy	Housekeeping	1	Poland
Robert Talley	Rec. Committee	2	Alexandria, VA	Rok Levec	Housekeeping	1	Slovenia
Caroline Morse	Rec. Committee	2	Concord, MA	Tilen Avsec	Housekeeping	1	Slovenia
Jessie Montague	Rec. Committee	2	Sparks, MD	Tina Kovac	Housekeeping	1	Slovenia
Taylor Stine	Rec. Committee	2	Portland, OR	Vojtech Cerny	Housekeeping	1	Czech Republic
Alex Lord	Rec. Committee	1	Leesburg, VA	Wojciech Tomasiewicz	Housekeeping	1	Poland
				Zala Flerin	Housekeeping	1	Slovenia
WEE CAMPERS/ZODIAC				Zoe Frentress	Housekeeping	1	Sandwich, NH
Jill Miller	Wee Camper Director	18	Plymouth, NH	Jessica Orea Romero	Housekeeping	1	Mexico
Emily Miller	Wee/Zodiac	5	Plymouth, NH	Dominika Salwierak	Housekeeping	2	Poland
Grace Spence	Wee/Zodiac	4	Holderness, NH				
Adriana Grzeszyk	Wee/Zodiac	2	Poland	LAUNDRY			
Barbara Suznik	Zodiac	2	Slovenia	Nieves Greene	Laundry	18	New Hampton, NH
Lucy Frost	Wee Camper	2	Pembroke, NH	Melisa Bringas Lezama	Laundry	2	Mexico
Amanda Vansant	Wee Camper	1	Holderness, NH	Liubov Kolesnyk	Laundry	1	Poland
Marketa Mlcuchova	Wee Camper	1	Czech Republic				
				CAMP STORE			
HARBORMASTER				Riley Paquette	Retail Supervisor	3	Sandwich, NH
Eric Morse	Harbormaster	13	Sandwich, NH	Lidija Subasic	Storekeeper	1	Slovenia
Alexandra Burke	Harbormaster	1	Storrs, CT				

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RDC 2018 STAFF LIST Continued

FOOD SERVICE	POSITION	Years @ RDC	HOME	FOOD SERVICE	POSITION	Years @ RDC	HOME
Larry Charbonneau	Food Service Director	7	Plymouth, NH	Kevin Lackovic	Wait/Dish Staff	1	Slovenia
Ronica Lane	Dining Room Dir.	2	Woodstock Valley, CT	Konstancja Nowicka	Wait/Dish Staff	1	Poland
Juliana Demicco	Dining Room Mgr.	1	Dudley, MA	Jaromir Beran	Wait/Dish Staff	1	Czech Republic
Andrew Berenson	Dining Room Mgr.	1	Framingham, MA	Karla Zelenika	Wait/Dish Staff	1	Croatia
Nina Kristanc	Dining Room Supr.	3	Slovenia	Anna Kowalczyk	Wait/Dish Staff	1	Poland
Barbora Jindrichova	Dining Room Supr.	2	Czech Republic	Anar Ragimov	Wait/Dish Staff	1	Russia
Eva Bejsovcova	Dining Room Supr.	2	Czech Republic	Kateryna Biziuk	Wait/Dish Staff	1	Poland
Brianna Perry	Dining Room Supr.	1	Lincoln, NH	David Dorotik	Wait/Dish Staff	1	Czech Republic
Chris Tetreault	Executive Chef	8	Keene, NH	Diego Reyes Capilla	Wait/Dish Staff	1	Mexico
Nicole Strangeman	Baker	6	Concord, NH	Aleksandra Gorecka	Wait/Dish Staff	1	Poland
Gabby Bolduc	Baker	2	Manchester, NH	Karolina Szopa	Wait/Dish Staff	1	Poland
Rich Fisk	Cook	7	Nashua, NH	Katarzyna Czescik	Wait/Dish Staff	1	Poland
Ed Ross	Cook	6	Manchester, NH	Barbora Zelinova	Wait/Dish Staff	1	Czech Republic
Paul Martinez	Cook	4	Plymouth, NH	Rafael Lopez Olmedo	Wait/Dish Staff	1	Mexico
Michelle Price	Cook	3	Milford, NH	Tereza Fenykova	Wait/Dish Staff	1	Czech Republic
Leah Grimes	Cook	3	Windham, NH	Vladimir Matousek	Wait/Dish Staff	1	Czech Republic
Rory Black	Cook	1	Plymouth, NH	Olga Strojwas	Wait/Dish Staff	1	Poland
Brandon Spinney	Cook	1	Plymouth, NH	Karla Juarez Bahena	Wait/Dish Staff	1	Mexico
Nathan Burgess	Cook	1	Plymouth, NH				
Heidi Walshaw	Cook	1	Plymouth, NH	MAINTENANCE			
Cheryl Landroche	Prep Cook	17	Plymouth, NH	Bill Sharkey	Maintenance	15	Moultonborough, NH
Maria Greenleaf	Prep Cook	6	Plymouth, NH	Jon Spence	Maintenance	10	Holderness, NH
Arsalan Muhammad Khan	Prep Cook	1	Pakistan	Ewelina Cwik	Maintenance	6	Holderness, NH
Greg Klodkowski	Prep Cook	3	Poland	Dave Lacasse	Maintenance	3	Meredith, NH
Brenda Ortega Hernandez	Prep Cook	3	Mexico	Marty Carney	Maintenance	2	Sandwich, NH
Sofia Perez Cortes	Prep Cook	3	Mexico	Carol Jowdy	Gardener	10	Sandwich, NH
Stasa Kovac	Prep Cook	2	Slovenia	Chris Burrows	Night Watch	4	Sandwich, NH
Karolina Perkowska	Prep Cook	2	Poland	Keegan Rasmussen	Night Watch/Emp. Rec.	2	Holderness, NH
Denis Petrov	Prep Cook	1	Petrov				
Jon Sirojiddinov	Prep Cook	1	Uzbekistan	OUTSIDE CREW			
Oliver Mesmer	Receiver	1	Reading, MA	Andrej Copot	Outside Crew	4	Slovenia
Will Wascher	Sous Chef	2	Manchester, NH	Dillon Mailand	Outside Crew	3	Sandwich, NH
Aylin Quechol Ahuactzi	Wait/Dish Staff	2	Mexico	Briggs Clinard	Outside Crew	2	Waterford, VA
Michal Sopuch	Wait/Dish Staff	2	Slovakia	Elizabeth Hamilton	Outside Crew	2	Wentzville, MO
Petra Markova	Wait/Dish Staff	2	Slovakia	Martin Janci	Outside Crew	2	Czech Republic
Emilija Chavleska	Wait/Dish Staff	2	Macedonia	Erika Anderson	Outside Crew	1	Nashville, TN
Alberto Bringas Lezama	Wait/Dish Staff	2	Mexico	Gasper Stanonik	Outside Crew	1	Slovenia
Danessa Duclos	Wait/Dish Staff	2	Bridgewater, NH	Jan Gotvald	Outside Crew	1	Czech Republic
Magdalena Piknerova	Wait/Dish Staff	1	Czech Republic	Jan Jurkovic	Outside Crew	1	Slovenia
Marketa Putalova	Wait/Dish Staff	1	Czech Republic	Marjan Gracar	Outside Crew	1	Slovenia
Martina Lukacova	Wait/Dish Staff	1	Czech Republic	Matej Sponiar	Outside Crew	1	Czech Republic
Michael Akon	Wait/Dish Staff	1	Plymouth, NH	Matthew Hogan	Outside Crew	1	Beverly, MA
Michal Teszner	Wait/Dish Staff	1	Poland	Tom Eldredge	Outside Crew	1	New York, NY

GENERAL CAMP INFORMATION

Welcome to Rockywold-Deephaven Camps, Inc. The following is a list of general camp information that may be useful during your stay at RDC. We appreciate your cooperation.

AERIAL DRONES: Out of safety and privacy concerns, and to maintain our natural character, Rockywold-Deephaven Camps discourages the operation or use of unmanned aerial systems, or aerial drones, launched from or flying over camp property, unless given special permission from camp management.

ALCOHOL: Alcohol is not allowed in the dining rooms or other public areas. Alcohol is permitted inside cottages and at guest docks only. Please, no glass containers on or near the water. New Hampshire legal drinking age is 21.

BABYSITTING: If you are in need of a babysitter, contact your housekeeper or fill out a babysitting slip and post it on the bulletin board in each office to see if an off-duty staff person will be available.

BICYCLING: We encourage our guests to walk or bicycle in place of driving whenever possible on camp property. We expect our bicycling guests and employees to be considerate of pedestrians (walkers or runners) by following these guidelines: 1) pedestrians always have the right of way, 2) slow down when approaching pedestrians, or any group of people, and 3) please be courteous when passing a pedestrian or bicyclist. Bicyclists should also obey NH traffic laws, avoid reckless behavior and wear a helmet (especially children).

CAMP PROPERTY: Please respect camp property. Blankets and furniture cushions are for indoor use only. Boat cushions and life jackets are to remain in the boats. Towels should not be used for washing or wiping down cars or boats. The laundry has rags for this purpose.

CELL PHONE & COMPUTER USE: To help maintain the natural character and peaceful nature of the camps, please do not use cell phones in public areas (areas where other guests can hear your conversation; e.g., camp dining halls, libraries, on docks, etc.). Computer use, with the volume turned off, is allowed in most public areas with the exception of camp dining halls.

CHURCH SERVICES: RDC provides transportation to and from Church Island every Sunday morning. In the case of adverse weather, services will be held in the Playhouse. The Manager will notify the offices of any change in location by 8:30 a.m.

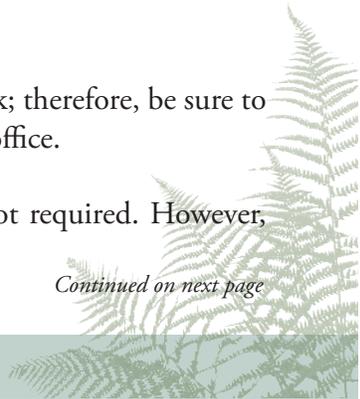
Boat Departures: Rockywold Dock: at 9:30 a.m.
Deephaven Dock: at 10 a.m.

For more information, review the enclosed Chocorua Island Chapel brochure.

FLASHLIGHTS: It can be very difficult to find your way around Camp after dark; therefore, be sure to carry a flashlight. Flashlights can be purchased at Zodiac (map #47) and at each camp office.

GRATUITIES: Employees are paid with the understanding that gratuities are not required. However, guests who wish to reward exceptional service may do so at the appropriate camp office.

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GENERAL CAMP INFORMATION Continued

ICE MACHINES: Every cottage has an ice box containing ice harvested from the lake. This ice is to be used for refrigeration purposes only. Lake ice is not to be used for consumption. Guests and employees are to use processed ice cubes for consumption. Bagged ice is located in a freezer outside each dining room. Ice buckets are provided in each cottage and at the housekeeping buildings (Rockywold map #33, Deephaven map #64).

HOUSEKEEPING: To help serve you better, there are Housekeeping Requests forms in each cottage. Your housekeeper will check the clipboard daily when servicing your cottage. If you have a request after your cottage has been serviced please let the office know and someone will be happy to help you. Housekeepers will do their best to service your cottage between breakfast and lunch, but on occasion this goal is not possible.

LAUNDRY: If you need your personal laundry done, please talk to your housekeeper or inquire at the laundry building (map #114). Laundry service is available Monday through Friday only. The charge for laundry is \$1.50 per pound with a three pound minimum. Charges will be added to your bill. For those who would like to do their own personal laundry, we have a coin-operated facility at the laundry. RDC cannot be responsible for lost or misplaced items.

OUTSIDE CREW AND MAINTENANCE: The Outside Crew supplies wood and ice to each cottage as needed. If you have any special maintenance requests, or are in need of assistance, please contact the office or an outside crew member.

PERSONAL VALUABLES: Guests are responsible for their own property. We encourage guests to leave valuables at home; however, should you need to temporarily store a “small” valuable possession, a safe is available at each Camp office.

PETS: Pets are not allowed except for designated days in September.

QUIET HOURS: Many of our guests come to RDC to experience a peaceful and relaxing environment, and because many guests have children who go to bed quite early and take frequent naps, it is very important that all guests observe quiet hours between 10 p.m. and 8 a.m. and between 2 p.m. and 3 p.m. On calm nights even casual conversations can be heard across the lake. Therefore, be mindful of the volume at which you speak during the above hours.

RAILINGS: Many of RDC’s railings were built years ago out of materials grown on the property. Most were built to maintain RDC’s rustic turn-of-the 20th century character. These railings are not intended to support a great deal of weight, but instead are intended to add to the natural character of the property. Therefore, **Please Do Not Sit or Lean on Camp Railings.**

RECYCLING: Each cottage has two receptacles; one for recyclable materials and one for trash. Recyclable items include plastic (all types), paper, glass and aluminum cans.

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GENERAL CAMP INFORMATION Continued

SEPTIC SYSTEM: The camp septic system has a warning alarm to advise of possible problems. If a bell rings continuously near your cottage, please notify the office. If it rings after office hours call 603-968-3313 or notify the night watch person. See inside cover for additional contacts.

SMOKING POLICY: SMOKING IS NOT ALLOWED IN ANY RDC BUILDING. Smoking is also prohibited in all common-use outdoor areas such as the ball field, main docks and dining hall entrances where children may congregate. It is the responsibility of all smokers to ensure that their activity does not interfere with the rights of others to enjoy a clean, safe and smoke-free environment. All RDC employees adhere to a strict No Smoking policy on camp grounds.

STORE & GAME ROOM (ZODIAC): The Camp Store and the game room called “Zodiac” provide a wide variety of items for sale. Both are open from mid-June until early September. The Camp Store, located at The Commons (map #46) offers clothing and gift items. In addition to having a game room with three ping-pong tables and a pool table, at Zodiac (map #47) you can also: rent mountain bicycles, purchase fishing bait, hot and cold beverages, snacks, sundries and rainy day crafts. Store and Zodiac hours are posted at prominent locations throughout camp.

TODDLER PLAYROOMS: RDC’s Toddler Playrooms are a wonderful rainy day alternative for children ages five and under, and a good place for the little ones to release some energy before and after meals. The Toddler Playrooms are located at the Sap House (map #38) in Rockywold and at the Deephaven Office (map #93) in Deephaven. Playroom hours are from 8 a.m. to 8 p.m. Toddlers must be accompanied by an adult.

THE COMMONS: New in 2018, The Commons was created to celebrate the centennial of the merging of Rockywold and Deephaven. This building houses both the Camp Store and an archive center called Camp Story. This archive display shows the remarkable story of the founding of the camps and the amazing people who have touched RDC.

TOWEL POLICY: To help protect our environment by using less water, detergent and energy, and to improve the efficiency of our housekeeping operations, we ask our guests to practice the following procedures:

If you intend to use a towel more than once, please leave it on a hook or towel rack. If you would like your towel replaced just leave it on the floor before housekeeping arrives for your accommodation’s daily service. (Please do not leave RDC towels in boats or on docks.)

TRAILS: When walking around camp at night be sure to carry a flashlight and stay on the trails or roads. Maps and trail guides detailing local hiking trails are available at the Zodiac Store (map #47) and at both the Rockywold and Deephaven Offices.



Photo by Cindy Jones

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GENERAL CAMP INFORMATION Continued

VEHICLE USE & PARKING: To enhance the natural character of our environment at RDC, and to reduce the risk of accidents, vehicles should be parked in designated parking areas. Parking is restricted in the following areas:

- between the Deephaven Office and the Long House
- between the Rockywold Office and Greenwood Lodge
- the road between Haskell and Ardenwood cottages

Specific instructions will be given to guests upon arrival. Guests with special needs will be provided permits to park in these areas, while others will be asked to park in designated areas except for temporary access to unload and pick-up.

Electric Car Charging Station is located on Boat House Road.

Golf Cart Use Policy: Golf cart rentals on RDC property are strictly for the purpose of transporting guests with mobility issues (i.e. the elderly, physically handicapped and injured). In addition, only guests 18 years of age and older may operate such vehicles on RDC property.

We also encourage our guests to walk or bicycle in place of driving whenever possible. Car use is generally unnecessary at RDC since most activities are within comfortable walking or bicycling distance for able-bodied individuals. We ask those who must drive to do so with caution and at a speed less than 5 mph.

WADING AREAS: Each camp has a small wading area for young children. These areas are appropriate for toddlers and beginning swimmers with adult supervision. The wading area in Rockywold is located to the west of the main dock. The wading area in Deephaven (Mother's Dock) is located between Point of View and Eldorado. Please be advised that RDC does not have lifeguards. "Swimming is at your own risk."

WIFI IN THE WOODS: Our founders' vision over 120 years ago was of a gathering place in the quiet of nature—away from distractions of modern life. As distraction becomes increasingly part of the fabric of most of our lives, that vision has never been more relevant or valuable.

For most of us today, wifi and cell service aren't luxuries, they're requirements. They're also the source of most of our minute-to-minute distraction. While RDC understands the need to provide our guests digital accessibility, we also know that time at camp presents a powerful and utterly unique opportunity to unplug, *literally*, and to connect with each other instead—and it's an effort we wholeheartedly support.

Imagine walking into your cottage, breathing in the familiar summer smells, looking out over the lake and mountains, and making a choice to turn off all of your family's devices, placing them in a basket, and experiencing time together—digital-less. Of course, they'll be there in a pinch, but imagine a week of outdoor activities, family cards, puzzles, reading, drawing, board games and conversation. It's an opportunity that is increasingly elusive, and entirely possible at RDC.

OFFICE INFORMATION

For safety and emergency purposes, it is very important for you and all of your guests to register at the office immediately upon arrival. To ensure that accommodations are thoroughly cleaned and disinfected, we must strictly enforce guest arrival and departure times.

- Check-in time: arrive no sooner than 4:00 p.m.
- Check-out time: depart no later than 11:00 a.m.

From mid-June through Labor Day, both the Rockywold and Deephaven Offices are open seven days a week from 8:00 a.m. to 8:30 p.m. During early and late season, office hours are reduced somewhat but posted at each office. If you arrive after office hours please check-in at the office on your way to breakfast.



Photo by Thea Coughlin

BILLING: Except for nightly lodge accommodations, Rockywold-Deeplaven operates on a Saturday - to - Saturday, one-week billing schedule. All bills are ready on Friday evening. We ask that any questions regarding meal and overnight overages be discussed with the office by Thursday evening.

BOAT & BICYCLE RENTALS: Boat rentals are to be arranged through the office. Bicycle rentals are arranged at Zodiac (Map #47). All rentals have limited availability. Weekly boat rentals may be reserved prior to your arrival. Daily rentals may be requested upon your arrival and will be provided if available. Weekly and daily bicycle rentals are available after 7 p.m. on Saturdays. For prices and more information please refer to the Boating Information section of this manual on page 15.

CASH OR CHECKS only please. Credit cards are not accepted. Checks up to \$100 may be cashed at the office.

INTERNET ACCESS: For guests who bring their own computers with wireless capability, wireless internet access is available at most of our guest accommodations. If your particular accommodation does not have access, the Ma Bell facilities in both Rockywold and Deephaven Camps can be used for wireless access. For faster service, please refrain from downloading music and videos during your stay.

ISLAND USE: Reservations for the use of RDC managed islands are to be made through either camp office upon your arrival (after 4 p.m. on Saturday). At this time, please check with our Office Staff for availability. Island reservations cannot be made prior to arrival. During peak time periods only one island reservation can be made per cottage, per week.

MAIL: Mailboxes for outgoing mail are located inside both the Rockywold and Deephaven offices. Outgoing mail is taken to the Holderness Post Office daily. Incoming mail is distributed to guest mailboxes in each office by late afternoon. Stamps are for sale at each office and at the camp store.

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OFFICE INFORMATION Continued

MESSAGES: Messages will be delivered to your dining room table and your mailbox in the office. Please check your mailbox regularly. Also, make sure that your guest(s) have been registered at the office.

NEWSPAPERS must be ordered at least “one week” prior to your arrival and are billed at their published rates. From mid-June through Labor Day you may reserve the Boston Globe, USA Today, The New York Times and The Wall Street Journal.

Photo by John Jurczynski



NH FISHING LICENSES can be purchased on-line. Be sure to review the enclosed New Hampshire Freshwater Fishing Digest before fishing. www.nhfishandgame.com

PUBLIC PHONES: Rockywold-Deephaven Camps have public phones for local and U.S. access. These phones are located in small buildings named “MA BELL.” The Rockywold Ma Bell is #40 on the camp map and the Deephaven Ma Bell is #93A on the camp map.

TELEPHONE & FAX INFORMATION:

If the offices are closed, “courtesy” phones are available outside both the Deephaven and Rockywold offices. Courtesy phones connect to senior staff living accommodations and to 911. Otherwise, if you need an outside line after office hours, please go to the nearest pay phone.

- Rockywold-Deephaven Camps Main Number 603-968-3313
- After Office Hours Emergency Numbers 603-968-3313 (press 8) and 603-520-4627
- Fax Number for the Main Office/Roswell 603-968-3438

The charge for sending a fax is: \$5.00 for the first page, \$.25 for each additional page. The price may be higher for an overseas fax, inquire at office. There is no charge for receiving a fax, except for faxes in excess of 10 pages. These multiple page faxes will be billed at \$.10 per page.

DINING GUIDELINES

FULL AMERICAN PLAN

This plan includes breakfast, lunch, dinner and overnight accommodations at a predetermined rate for the occupancy of that unit. It covers meals for the number of persons for which your cottage is rated. If your guests exceed the basic rate number, you are responsible for their meals and overnights. There is no credit given for meals eaten elsewhere, or for overages if under occupied at various times.

MEAL HOURS (Mid-June through Labor Day Weekend)

DAILY (Monday - Saturday)		SUNDAYS	
Breakfast	8:00 to 9:00 a.m.	Breakfast	8:00 to 9:00 a.m.
Lunch	12:30 to 1:30 p.m.	Dinner	1:00 to 2:00 p.m.
Dinner	6:00 to 7:00 p.m.	Supper	6:00 to 7:00 p.m.

Be sure to arrive for meals during the times indicated above. Food is not available after these times. Early and late season meal times will be announced or posted if different from the times listed above.

SUPERVISION OF CHILDREN

Please see that young children are supervised at all times and accompanied by an adult at all food and beverage serving areas. To prevent the spread of infectious diseases, it is extremely important that children and adults wash their hands frequently, but especially before and after every meal. Be aware of the hazards present in the dining rooms; hot steam tables, waffle makers and coffee urns, sharp utensils, swinging kitchen doors, etc. Absolutely no running. Noisy or out-of-control children should be taken from the dining area so that all guests may enjoy their meals. We encourage guests with very young children to consider eating meals during the first half of the meal hour. Employee meals are served in Rockywold, therefore, Rockywold guests also have the option of eating during our employee meal times, which for most of the season are 1/2 hour earlier than the regular guest meal hours.

DRESS CODE

Over the last several decades, the dining room dress code has become more and more relaxed in keeping with general trends in society. Most guests have appreciated the greater informality, but recently there have been occasions when the level of casualness has, in the minds of many guests, become too great. We would like to remind all of our guests of the RDC dress code and ask for your cooperation in following these simple guidelines:

No caps, tank tops, bathing suits or bare feet at any meal. Casual sportswear is acceptable for breakfast and lunch but more appropriate dress is recommended for dinner (non-athletic shorts, pants, collared shirt for men; dresses, skirts, pants, non-athletic shorts for women).

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DINING GUIDELINES Continued

ALL-CAMP COOKOUT

Weather permitting, Wednesday lunch is the meal designated for our weekly all-camp barbecue on the ballfield. Food is served on the ballfield from 12:30 to 1:30 p.m. RDC provides blankets and folding chairs for picnic-style seating.

BAG LUNCHES

If you are planning an extended hike or a day trip, bag lunches may be substituted for the lunch meal if food service is notified at least a day in advance. Request forms for bag lunches are available at the dining rooms and offices. Bag lunches are not available on Sundays.

CELL PHONE & COMPUTER USE

To help maintain the natural character and peaceful nature of the camps, please do not use cell phones or computers in the dining rooms.

SEATING

Each family is assigned their own table for the duration of their stay. Tables are usually designated with a name tag for the family member who placed the reservation. We will do our best to accommodate special seating requests, however guests with greater seniority have preference. Because of high demand and a tendency for overcrowding, seating next to windows is limited to no more than eight per table.

Photo by Theri Coughlin



SPECIAL NEEDS & REQUESTS

Please notify the office or food service management of any special dietary needs you may have. We will do our best to accommodate you. All dinner meals include a meatless entree. High chairs or booster seats will be provided at your request. Food service will also prepare birthday cakes for a minimal charge and with at least 24 hours notice (48 hours notice for birthdays that fall on Saturday or Sunday). Cake order forms can be obtained at your camp office or at the dining room.

EMERGENCY PROCEDURES & SAFETY

FIREPLACE USE

RDC's buildings are old wooden structures, susceptible to fire, therefore please use your fireplace with care and caution. When using camp fireplaces, be sure the screen is snug against the fireplace and a full bucket of sand is next to the fireplace. Do not leave a fire unattended. Please stop fueling the fire long before you plan on leaving the room. If coals are still hot when you plan to leave, separate the coals with a poker, again be sure the screen is snug against the fireplace and always keep flammable objects (e.g. newspapers, kindling, wood, rugs, etc.) a safe distance from the fire. *The bucket of sand is to be used for emergency situations only.* All cottages are equipped with fire extinguishers and smoke detectors. Our staff will deliver firewood and kindling material as needed. If the coals are not hot, they will also lay a new fire.

IF A FIRE EMERGENCY SHOULD OCCUR:

There is a fire extinguisher and a bucket filled with sand next to the fireplace for your immediate use. If the fire becomes uncontrollable:

1. Evacuate the cottage immediately.
2. If you are unable to quickly notify the office or camp management call 911.
Don't hang up. Make sure Dispatch has all the information it needs!!!
3. Notify the office staff or any other RDC employee as soon as possible. After office hours (9 p.m. - 7:30 a.m.) call 603-968-3313 (press 8), 603-520-4627, 603-724-7638, 603-520-4628 or camp intercom #'s 293, 238 or 111 to reach camp management. Please note that there is an intercom/courtesy phone at the entry of both the Rockywold and Deephaven Offices. If you do not have access to a phone, go directly to the nearest staff housing facility. An employee will assist you in contacting camp management.
4. Continuous ringing of the dining room bell (longer than one minute) constitutes a fire emergency.

IN CASE OF A MEDICAL EMERGENCY

If someone becomes sick or injured please notify a staff member immediately. If the illness or injury is very serious, the office has a phone listing of local doctors and hospitals. If it is determined that an ambulance is needed, call 911. (So that we can be helpful, please let RDC management know that 911 has been called.) If the offices are closed, "courtesy" phones are available outside both the Deephaven and Rockywold offices. Courtesy phones connect to senior staff living accommodations and to 911. Otherwise, if you need an outside line after office hours, please go to the nearest pay phone. Public phones are located in small buildings near each office called "Ma Bell."

SMOKING IS NOT ALLOWED IN ANY RDC BUILDING

Smoking is also prohibited in all common-use outdoor areas such as the ball field, dining hall entrances and main docks where children may congregate. It is the responsibility of all smokers to ensure that their activity does not interfere with the rights of others to enjoy a clean, safe and smoke-free environment. All RDC employees adhere to a strict No Smoking policy on camp grounds.

Continued on next page



EMERGENCY PROCEDURES & SAFETY Continued

SWIMMING

RDC swimming areas and cottage docks have multiple uses, (swimming, docking boats, picnicking, sunning, etc.). It is essential that precautions are taken to avoid potentially dangerous situations.

- a. DO NOT swim beyond 150 ft. from shore without being accompanied by a boat. It is very difficult for a boat moving at even a reasonable speed to see or hear a swimmer in open water.
- b. It is advisable to swim with someone who has the ability to help when necessary.
- c. Never substitute the use of floating devices for swimming ability.
- d. The lake shore slopes steeply in many places, extreme care should be taken by non-swimmers.
- e. Do not use breakable objects near cottage docks or swimming areas.
- f. No child should be left unattended on cottage docks or at swimming areas. There are no life guards; parents are responsible for the supervision of their children. Please be aware, swimming is at your own risk.
- g. Observe personal safety rules, such as not swimming when overheated, overtired or during an electrical storm and diving only in known and safe depths.



Photo by Thea Coughlin

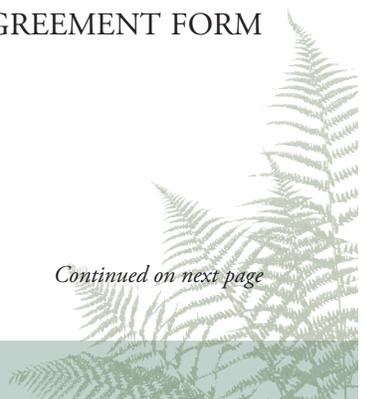
OUTDOOR ACTIVITIES

- a. Please be careful when walking or running in and around camp. Be aware of poison ivy, ticks, and various debris such as rocks and roots on trails. *Be sure to carry a flashlight at night.*
- b. Time your hikes, be aware of your direction, and prepare for any adverse situations. Be sure to check with the Recreation Committee or the Camp Managers for information on any hikes that are new to you. Always carry water, first aid kit, and overnight emergency gear for a lengthy hike. *(See page 36 for hiking safety information.)*
- c. Do not feed the wildlife.
- d. When participating in a camp activity please remember that the goal of the game is to have fun. Please do not participate in games that may be above your physical capability. We ask that parents monitor their children's participation in these activities.

RDC BOATING INFORMATION

1. RDC prohibits the docking and use of boats with motors above 25 hp. RDC guests are advised not to dock or moor boats with motors above 25 hp elsewhere on the lake. Visitors operating boats with motors above 25 hp may not dock or pick-up and drop-off passengers without permission of the management.
2. NH state law prohibits operating a motorboat at a speed greater than 6 mph (headway speed) within 150 feet of the shoreline. RDC asks employees and guests to operate motorboats at headway speed within 300 feet (100 yards) of the shoreline.
3. RDC employees and guests should operate boats at headway speed and avoid any form of high speed boating in Bennett Cove or in the vicinity of the Deephaven shoreline.
4. The State of New Hampshire does not set an age limit for the operation of motorboats 25 horsepower or under. RDC, however, does not permit guest children under 12 years old to operate a motorboat unaccompanied by someone at least 18 years old. It is the responsibility of all adult RDC guests to ensure that their children of all ages know and understand these regulations.
5. Do not exceed the maximum capacity of the boat.
6. If the weather seems threatening please limit your boating activities and stay near the shoreline.
7. All boats (including vessels that are paddled, poled or rowed) must carry Coast Guard approved life preservers (one per person) of a size appropriate for the intended user. New Hampshire law requires that all children 12 years of age or younger must wear a life preserver while boating.
8. All motorboats must have a fire extinguisher and horn or whistle on board.
9. All motorboats and vessels that are paddled, poled or rowed must operate proper running lights after sundown. Boat lights can be rented from the Boat House (map #61).
10. All motorboats and sailboats or sailboards 12 feet in length or longer must be registered.
11. To prevent the spread of invasive aquatic weeds, anyone who brings a boat to RDC must remove all aquatic weeds from their boat and trailer before launching and before transporting to another water body.
12. Operating a boat while under the influence of alcohol is extremely dangerous and illegal.
13. Scuba divers or snorkelers display a “diver down” flag to mark the diving area. Divers and snorkelers must stay within 75 feet of their divers flag. Vessel operators must stay at least 150 feet away from a displayed flag. The divers flag is a rectangular red flag with a white diagonal stripe used to indicate diving activities are in progress on New Hampshire state waters.
14. ALL RDC GUESTS (AND STAFF) OPERATING A MOTORBOAT OR RENTING/USING AN RDC WATERCRAFT OF ANY KIND MUST SIGN THE RDC BOATING AGREEMENT FORM AVAILABLE IN EITHER OFFICE OR FROM THE HARBORMASTER.

Continued on next page



RDC BOATING INFORMATION Continued

CAMP BOAT, BICYCLE & GOLF CART RENTALS: All rentals have limited availability. Weekly boat rentals may be reserved prior to your arrival. Daily rentals may be requested upon arrival and will be provided if available. For boat descriptions and photos see “Boat Rental Fleet” sheet on the following page of this manual, or visit www.rdcsquam.com. **Daily boat rentals are not delivered after 4:00 p.m.** Boats requested after 4:00 p.m. will be delivered the following morning if available.

	1 Day	2 Days	3 Days	1 Week
RDC Boat Rentals:				
Canoes & Kayaks	\$45	\$80	\$115	\$150
Pedal Kayaks	\$60	\$105	\$150	\$195
Sunfish Sailboat	\$65	\$115	\$165	\$215
Rowboat w/ 4 hp motor	\$95	\$170	\$245	\$320
Rowing Canoe w/ 2 hp motor	\$95	\$170	\$245	\$320
Rowboat & Rowing Canoe	\$50	\$90	\$130	\$170
Paddleboards:				
Recreational	\$45	\$80	\$115	\$150
Performance	\$55	\$95	\$135	\$175
HydroBikes:				
Single	\$60	\$105	\$150	\$195
Tandem	\$75	\$130	\$185	\$240

Pontoon Boat Rental: When not in use for our recreation program, the camp’s pontoon boat is available for private boat tours at the rate of \$160/hr. This rate includes a commercial boat driver. This boat has seating for 24 adults.

Bicycle Rentals	\$25	\$45	\$65	\$90
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(may not be reserved prior to your arrival)

Golf Cart Rentals	\$100	\$170	\$240	\$310
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Contact either the Rockywold or Deephaven Office for boat requests. All boats will be brought directly to your dock. If you need additional paddles, life preservers or seat cushions, please advise the office. Bicycle rentals are available at Zodiac (map #47) during their posted hours of operation. On Saturday, the normal check-in day, Zodiac opens at 7 p.m.

OUTSIDE BOAT RENTALS:

Riveredge Marina:	603-968-4411
Squam Boats:	603-968-7721
Asquam Marina:	603-968-7182

BOAT GAS & OIL PRICES:

Gas (89 octane):	\$3.50 per gallon
Gas and Oil Mix:	\$3.70 per gallon (these rates are subject to change without notice)

Boat gas and oil are available at the Rockywold main dock Monday through Friday from 9:30 a.m. to 10:00 a.m., and Sunday 12 noon to 12:30 p.m. Boat gas is not available on Saturdays. Please fill up on Friday if you will be using your motorboat on Saturday. Your account will be charged accordingly.

Squam Lake charts can be purchased at our summer offices and at Zodiac (map #47).

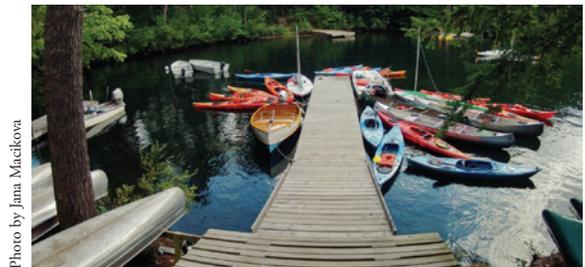


Photo by Jana Machkova

BOAT RENTAL FLEET

DESCRIPTION	PHOTO
<p>Plastic Canoes - Old Town Camper & Charles River 16'</p> <p>Lake canoes with a wide, flat bottom that provides reassuring stability. These canoes are lightweight and fun to paddle.</p>	
<p>Aluminum Canoes - Starcraft & Grumman 17'</p> <p>Solid canoes that were built to last for generations. Good stability and tracking for families or Wacky Canoe Races.</p>	
<p>Recreational Kayaks - Old Town Dirigo 12'</p> <p>The award winning Dirigo 120 is beloved for its optimal size and easy-to-paddle design. Good stability with a roomy cockpit and storage hatch.</p>	
<p>Touring Kayaks - Necky Manitou 14'</p> <p>High performance kayak for longer tours around the lake. Has skeg for tracking and two storage hatches.</p>	
<p>Recreational SUP - Ocean Kayaks Nalu 12' 6"</p> <p>This recreational Stand-Up Paddleboard (SUP) is perfect for the entry level to intermediate stand-up paddler and can also be used as a sit-on-top kayak.</p>	
<p>Performance SUP - Cruiser Koa 10' 6"</p> <p>This performance Stand Up Paddleboard (SUP) is shaped with a long flat bottom and deck to ensure fast flat water paddling and excellent tracking. The result is easy cruising and you can surf small waves!</p>	
<p>Double Kayaks - Old Town Dirigo Tandem 15' 3"</p> <p>Stable recreational kayak for two people plus a seat for a small child.</p>	

Continued on next page

BOAT RENTAL FLEET Continued

DESCRIPTION	PHOTO
<p>Pedal Kayaks Ocean Kayak Malibu Pedal and Old Town Predator Pedal feature a unique pedal power system, with an ergonomic chair, and a hand controlled rudder. These kayaks are great for fishing or for a long distance tour.</p>	
<p>Sunfish Sailboats The Sunfish sailboat is the most popular boat ever produced. Great sailboat to learn how to sail. Test your skills in the Sunfish Regatta held each Friday afternoon.</p>	
<p>Rowing Canoes - Old Town Discovery Sport 15' Plastic Rowing Canoe for up to three people. Available with a 2 hp motor or use the oars to row.</p>	
<p>Rowboats - Grumman & Starcraft 12', 13' & 14' Fits 3 to 5 people. Available with a 4 hp motor or use the oars to row.</p>	
<p>4 hp Mercury Motor Efficient four stroke, 4 hp motor for Rowboats. Rental includes 3 gallons of gas.</p> <p>2 hp Honda Motor Efficient four stroke, 2 hp motor for Rowing Canoes. Rental includes 3 gallons of gas.</p>	
<p>Single Hydro-Bikes Fun for kids (8 and above) or adults. Hydro-Bikes are very stable and easy to operate.</p> <p>Tandem Hydro-Bikes Two bikes and three pontoons is lots of fun for two people.</p>	

ISLAND USE INFORMATION

BIG LOON ISLAND

Big Loon Island is owned by the Webster family. The Websters have graciously allowed the guests of Rockywold-Deephaven Camps to use their island over the years. In exchange, all that is asked of RDC, is that we monitor its appropriate use, see that it is kept clean and maintain the few facilities that are there. RDC guests can help to preserve this longstanding relationship by observing the following guidelines.

1. Big Loon Island is reserved by the Webster family each Wednesday and Saturday in July and August, as well as Independence Day and Labor Day weekends. RDC guests are **not permitted** on the island on these days, and those reserving the island on previous days are requested to leave by 10 a.m.
2. Big Loon is split into two sections, "A and B": this allows two families to share the island. Each section has its own docking, camping and swimming area, but both sections share the outhouse. **Only one family may reserve the island for an overnight at a time.**
3. Overnight camping is permitted on Big Loon Island beginning at dusk. Supper use will end at dusk. Supper reservations do not include overnights unless arranged in advance. Nighttime use of Big Loon Island is for camping purposes only. Parties are discouraged. Overnight camping is not permitted on Otter and Birch Islands.
4. Island reservation time periods are as follows:
Overnight Camping (*Big Loon Only*): 7:45 p.m. to 10:00 a.m.
Lunch: 10:30 a.m. to 3:30 p.m.
Supper: 4:00 p.m. to 7:30 p.m.

To make an island reservation, upon arrival at Camp (after 4 p.m. on Saturday) guests must check with RDC Office Staff for availability. Island reservations cannot be made prior to arrival. During peak time periods, only one island reservation can be made per cottage per week.

5. Families are responsible for bringing their own firewood. They are also responsible for cleaning up the island after usage. Please ask food service for plastic garbage bags.
6. Any problems or signs of misuse should be reported to the Rockywold or Deephaven offices.



Photo by Cindy Jones

Continued on next page

ISLAND USE INFORMATION Continued

OTTER & BIRCH ISLANDS

RDC's Otter and Birch Islands are available for day use only. Otter Island has a fire pit and a float. Reservations are also necessary for these islands. Check with the Office Staff for availability.

CHURCH ISLAND

Located 1 mile south of Rockywold's main dock, Church Island is also known as Chocorua Island. It has an outdoor church with a rock altar, birch tree cross, and a spectacular view of Mt. Chocorua. During the summer, services are held every Sunday morning on the island. Everyone is welcome. To find out more about Chocorua Island Chapel, talk to our Office Staff or read the enclosed "Chocorua Island Chapel" brochure. The only toilet facility on Church Island is an outhouse.



Photo by Bob Carroll



Photo by Ryan Grady

MOON & BOWMAN ISLANDS

Maintained by the Squam Lakes Association (SLA), Moon & Bowman Islands are open to the public on a limited basis for low-impact use and camping. Call SLA 968-7336 for more information.

FIVE FINGER POINT

Donated to the University of New Hampshire by C. C. Morris, Five Finger Point is also open to the public on a limited basis for low-impact day use only; no facilities, no fires, no camping. Talk to the Office Staff for more information.

CHAMBERLIN-REYNOLDS FOREST

Maintained by the Squam Lakes Association (SLA), and owned by the New England Forestry Foundation (N.E.F.F.), the Chamberlin-Reynolds Forest is open to the public on a limited basis for low-impact use and camping. Call the SLA office 968-7336 for more information.

RECREATION INFORMATION

The Recreation Committee has planned a variety of events to make your stay at RDC as exciting as possible.



Photo by Thea Coughlin

An up-to-date listing of activities and events at RDC can be found in the “**Sneak-A-Peek at the Week**” located on bulletin boards at each office, each dining hall and at the Rec. Hall (Map #48A).

Hiking:

For those who enjoy walks in the woods and breathtaking views, we lead half-day hikes in the Squam Lakes Region. We also offer a more strenuous full-day climb in the White Mountains for those who have a larger appetite for hiking.

Softball:

On Sunday afternoon, we play low intensity family softball on the ball field at 3 p.m. The pace picks up a bit at the employee vs. guest game on Wednesdays, open to all guests 15 and older.

Tennis:

On Monday morning we offer a Mixed Doubles Round Robin. You may sign up at the Playhouse beginning on Sunday at 3 p.m.



Photo by Cristina Baker

Capture the Flag:

Monday night isn't the same without the traditional game on the ball field for those under 20. Parents may play with children under five!



Photo by Jana Macikova

Wee Campers Program

is available for 3-6 year old children Monday thru Friday 9:30 a.m. to noon. This is a well supervised, unstructured morning play group. We ask that parents observe the age requirements, send only toilet-trained children and pick up their Wee Campers promptly at noon. We gather at the playground across from the Rec. Hall on nice days and in the Rockywold Toddler Play Area (the Sap House, Map #38) on rainy days.

Continued on next page

RECREATION INFORMATION Continued

Boat Tours:

Learn about the environment and history of Squam Lake on a cruise aboard our pontoon boat each Monday and Wednesday afternoon. Weather permitting, the boat leaves from the Rockywold Main Dock. Sign up on Sunday. The Mabel Bacon, RDC's pontoon tour boat, is available for family lake tours or Loon Island picnics with our commercially licensed driver for \$160 per hour. Please inquire at the office two days or more prior to your desired boat trip. Seating on the boat is limited to 24 guests.

Loon Island Picnics:

Six to twelve year olds are invited to swim, play and cookout on Loon Island for lunch on Tuesday. Tuesday evenings are reserved for adults. The Loon Island picnics have a limited number of spaces so be sure to sign up at the Rec. Hall at 3 p.m. on Sunday to get into the lottery.



Photo by Thea Coughlin

Talent Show:

On Thursday night, guests and employees are invited to share their talents in our weekly talent show. Read a poem! Dance a jig! Play the tuba! Start getting your act ready now.



Photo by Thea Coughlin

Square Dances:

Friday night square dances are an old tradition at RDC and are not to be missed! Those new to square dancing may want to try the children's/beginner's dance at 7:30.

5K Fun Run called the Pinehurst Classic 5K Road Race starts on the ball field on most Thursday afternoons at 4:15 p.m. Run or walk for your health, for fun or for just *a good time!* Check the Sneak-A-Peek for the specific time and day of the event!

Environmental Education:

Join the staff from the Squam Lakes Natural Science Center for an informative walk into our natural environment. On Tuesday mornings, the walks are better suited for adults and the Thursday walks are planned for children. Both programs meet at the Playhouse (Map #48) at 9:30 a.m.

Teens:

Special activities such as a boat trip to "jumping rock," nighttime hike up Rattlesnake Mountain, and other extravaganzas are offered. Check the Sneak-A-Peek for details!

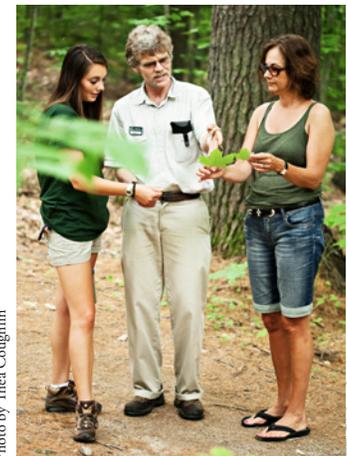


Photo by Thea Coughlin

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RECREATION INFORMATION Continued

Other Activities:

You may also look forward to wacky canoe races, triathlons, bicycle tours, scavenger hunts, evening presentations and more. (Events are subject to change depending on weather and the availability of instructors and staff from week to week.)

Sign-ups are posted in the Playhouse (Map #48) on Sundays at 3 p.m. for all starred (*) activities on the “Sneak-A-Peek at the Week” sheet (except Round Robin). If you miss Sunday sign-ups check with the rec staff.



Photo by Thea Coughlin



Photo by Mira Mette



Photo by Thea Coughlin

The recreation staff are present at all meals to answer any questions you may have about the recreation program. They are looking forward to the planned activities and are always open to suggestions you may have for other events.

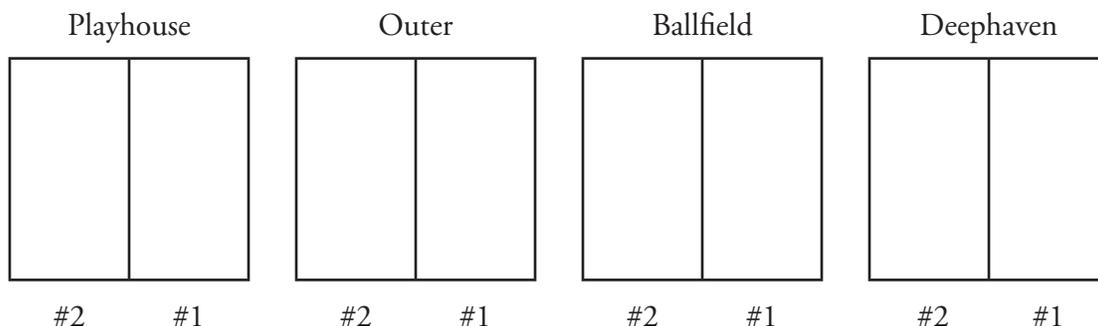
TENNIS SIGN-UP PROCEDURE

1. Tennis court sign-up sheets for the following day are posted at the Playhouse before 8:00 a.m.
2. Guests may sign-up for only one court at one time slot. Guests may not sign-up for another individual or family member unless the signer will be playing at that time.
3. All players must be listed.
4. Guests may sign-up for only one court before both dining room breakfast bells have stopped ringing (about 8 a.m.). At that time they may line up in order again and sign for a second court. No one may sign-up for a third court.

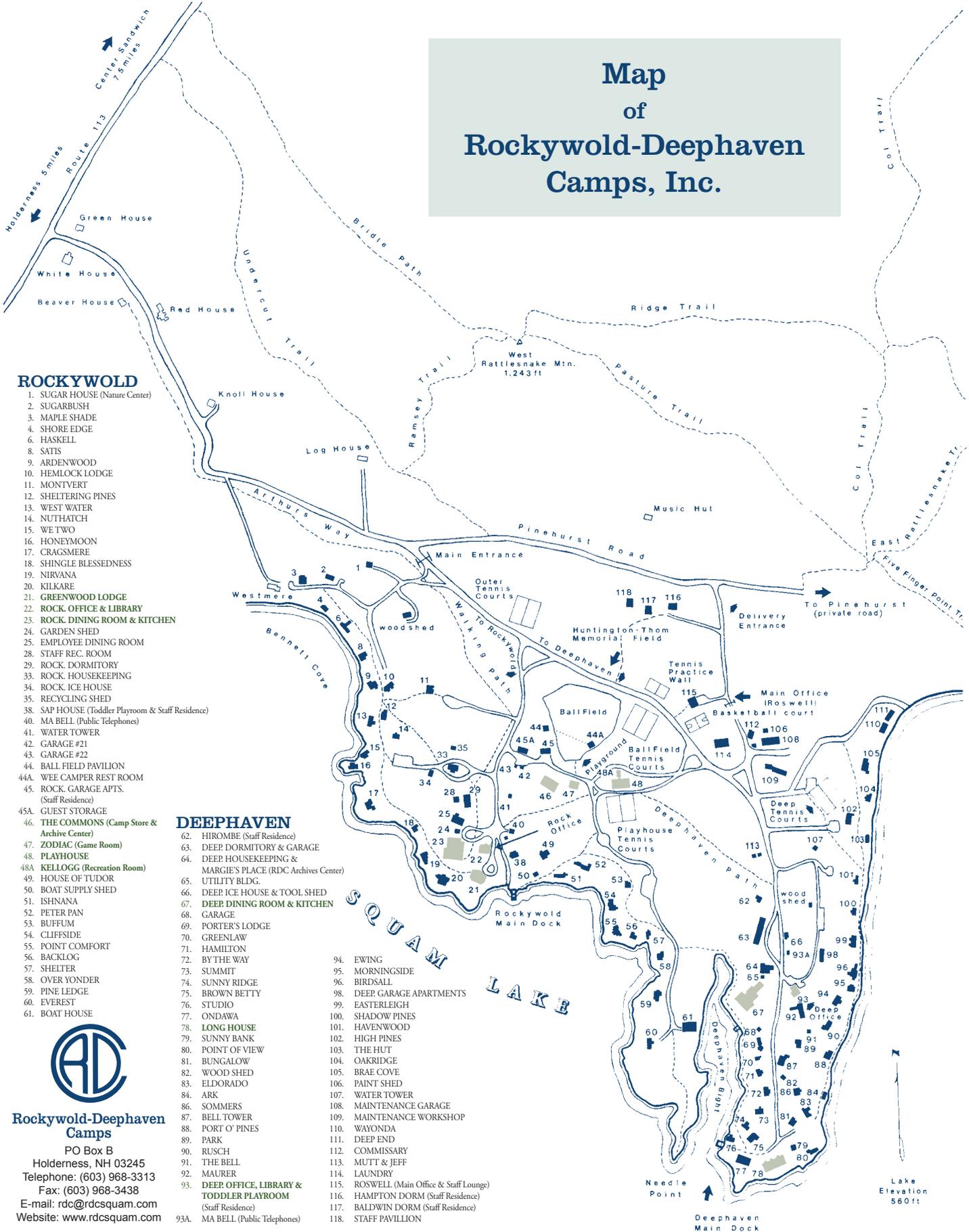
Note: Depending on the number of persons present to sign-up before 8:00 a.m. it may be necessary to permit a person to sign-up for only one court for the following day and wait to sign for a second court on the actual day of play. Other special restrictions, including a lottery, may be used.

5. The one and a half hour slots are reserved for doubles play only.
6. If a court is not in use 10 minutes after the hour (or half hour for doubles courts) it is available on a first-come first-serve basis.
7. Proper tennis shoes are the only footwear permitted on the courts.
8. Do not play when nets are down.

COURT DIAGRAM



Map of Rockywold-Deephaven Camps, Inc.



ROCKYWOLD

1. SUGAR HOUSE (Nature Center)
2. SUGARBUSH
3. MAPLE SHADE
4. SHORE EDGE
6. HASKELL
8. SATTIS
9. ARDENWOOD
10. HEMLOCK LODGE
11. MONTVERT
12. SHELTERING PINES
13. WEST WATER
14. NUTHATCH
15. WE TWO
16. HONEYMOON
17. CRAGSMERE
18. SHINGLE BLESSEDNESS
19. NIRVANA
20. KILKARE
21. GREENWOOD LODGE
22. ROCK OFFICE & LIBRARY
23. ROCK DINING ROOM & KITCHEN
24. GARDEN SHED
25. EMPLOYEE DINING ROOM
28. STAFF REC. ROOM
29. ROCK DORMITORY
33. ROCK HOUSEKEEPING
34. ROCK ICE HOUSE
35. RECYCLING SHED
38. SAP HOUSE (Toddler Playroom & Staff Residence)
40. MA BELL (Public Telephones)
41. WATER TOWER
42. GARAGE #21
43. GARAGE #22
44. BALL FIELD PAVILION
- 44A. WEE CAMPER REST ROOM
45. ROCK GARAGE APTS. (Staff Residence)
- 45A. GUEST STORAGE

DEEHPHAVEN

62. HIROMBE (Staff Residence)
63. DEEP DORMITORY & GARAGE
64. DEEP HOUSEKEEPING & MARGIE'S PLACE (RDC Archives Center)
65. UTILITY BLDG.
66. DEEP ICE HOUSE & TOOL SHED
67. DEEP DINING ROOM & KITCHEN
68. GARAGE
69. PORTER'S LODGE
70. GREENLAW
71. HAMILTON
72. BY THE WAY
73. SUMMIT
74. SUNNY RIDGE
75. BROWN BETTY
76. STUDIO
77. ONDWA
78. LONG HOUSE
79. SUNNY BANK
80. POINT OF VIEW
81. BUNGALOW
82. WOOD SHED
83. ELDORADO
84. ARK
86. SOMMERS
87. BELL TOWER
88. PORT O' PINES
89. PARK
90. RUSCH
91. THE BELL
92. MAURER
93. DEEP OFFICE, LIBRARY & TODDLER PLAYROOM (Staff Residence)
- 93A. MA BELL (Public Telephones)
94. EWING
95. MORNINGSIDE
96. BIRDSALL
98. DEEP GARAGE APARTMENTS
99. EASTERLEIGH
100. SHADOW PINES
101. HAVENWOOD
102. HIGH PINES
103. THE HUT
104. OAKRIDGE
105. BRAE COVE
106. PAINT SHED
107. WATER TOWER
108. MAINTENANCE GARAGE
109. MAINTENANCE WORKSHOP
110. WAYONDA
111. DEEP END
112. COMMISSARY
113. MUTT & JEFF
114. LAUNDRY
115. ROSWELL (Main Office & Staff Lounge)
116. HAMPTON DORM (Staff Residence)
117. BALDWIN DORM (Staff Residence)
118. STAFF PAVILION



Rockywold-Deephaven Camps
 PO Box B
 Holderness, NH 03245
 Telephone: (603) 968-3313
 Fax: (603) 968-3438
 E-mail: rdc@rdcsquam.com
 Website: www.rdcsquam.com

2018 RATES

The cost including meals for one adult ranges from an off-peak low of \$111 per night, in an 8-person cottage; to a peak-season high of \$248 per night, in a 2-person cottage. All cottages have a private dock on Squam Lake, a fireplace, a screened in porch and an old-fashioned icebox. Included in our Full American Plan is lodging, all meals, daily housekeeping, organized activities and use of recreational facilities including clay tennis courts, basketball court and ball field. During peak season, reservations are made on a weekly basis for cottages and on a daily basis for lodges. During off-peak season, cottages may be rented for less than a week. Gratuities are not required, but guests are welcome to reward employees for exceptional service.



Photo by Thea Coughlin

COTTAGE RATES (Season runs June 1 - September 15)

Peak Season Rates apply from June 30 - August 24.

Reduced Rates apply from June 23 - June 29 & August 25 - August 31.

(5% off peak season rate, discount only applies to stays of 5 nights or more)

Off-Peak Season Rates apply from June 1 - June 22 & September 1 - September 13.

(20% off peak season rate for stays of 5 nights or more; 5% off for stays of 4 nights or less)

Cottages are assigned a minimal occupancy. The weekly peak season rates below cover Full American Plan charges for the designated minimal number of occupants.

	2-Person	3-Person	4-Person	5-Person	6-Person	8-Person
Peak Season Weekly	\$3,475	\$4,705	\$5,940	\$7,035	\$8,120	\$10,400
<i>Peak Season PPPN</i>	<i>\$248</i>	<i>\$224</i>	<i>\$212</i>	<i>\$201</i>	<i>\$193</i>	<i>\$186</i>
<i>Off-Season</i>						
<i>Max 40% Discount PPPN</i>	<i>\$149</i>	<i>\$134</i>	<i>\$127</i>	<i>\$121</i>	<i>\$115</i>	<i>\$111</i>

Most cottages accommodate guests beyond the minimal occupancy; such persons are charged the “**Overage Rate**” of \$1,008 per week. Charges for single overnight accommodations and individual meals for guests in excess of minimal occupancy are: *(Discounted rate periods do not apply for overages.)*

Overnight	Breakfast	Lunch	Dinner	Total
\$102	\$10	\$13.25	\$18.75	\$144

(Sunday dinner is served mid-day, therefore, prices for lunch and dinner are reversed)

The Overage Rate for children ages 2 - 8 is 50% off the above overage rates. No overage charge for children under 2 years of age.

WOODLAND COTTAGE RATES (June 1 - June 22, September 3 - September 13)

In 2018, we are offering a 20% discount during the dates listed above for cottages that are located further from the water. The Woodland Cottages are Sheltering Pines, Hemlock Lodge and Montvert in Rockywold; and Park, Bell Tower and Maurer in Deephaven. *See enclosed map for cottage details.*

Please note that some of the dates listed above are already discounted time periods. Be aware that any combination of discounts may not exceed 40%.

LODGE AND OTHER ROOM RATES (June 1 - September 13)

The daily rates below cover Full American Plan charges for the designated number of occupants.

(Discounted rate periods apply to cottages only.)

	Single Occupancy	Double Occupancy
Greenwood Lodge & Long House	\$185	\$301
<i>(Restricted to guests 13 years of age and older)</i>		
Rock Office Rooms	\$157	\$301

CATCH AND RELEASE FISHING

Fishing pressure on Squam has increased dramatically in the past twenty years or so. Many anglers have heard about the quality of fish caught and the overall beauty of the lake. Squam has been featured in national outdoor magazines and television shows for its superb smallmouth bass fishing. This all has contributed to the growing numbers of fishermen and, consequently, the increased numbers of bass taken from the lake.

The diminishing number of trophy bass of 3 to 4 pounds is evident if one looks at the bass derby boards in the dining halls. The weight of the winning fish has consistently declined (while the skills of our fishermen have consistently improved!). There is a direct correlation between the number of larger fish, and even the overall number of fish caught from the lake, and the rise in the number of fish harvested from year to year.

In an effort to preserve the wonderful fishery that we have at our disposal each summer, we would encourage all fishermen to seriously consider catching and then releasing their fish. It is a simple step that will impact the number and size of fish caught, and preserve a precious resource. When departing for a fishing trip out on the lake this summer, we suggest that you put a disposable camera in your tackle box. This is an easy way to remember a child's first catch, or that elusive big fish that is finally caught.

The Bass Derby will continue to be conducted as normal, but fish which are caught and released will be as eligible for the award as those which are brought in and weighed. Individuals who catch and release notable fish, but which are nonetheless too small for the award, will be encouraged to record their catches in the fish register located in each dining room. RDC will make available measuring tapes to calculate fish weight for those who would like to participate in the catch and release program. Here is a simple formula you can use while out on the water to determine the approximate weight of a fish:

$$(Length^2 \times Girth) / 1,200 = Weight \text{ in Pounds}$$

For a complete listing of New Hampshire State rules and regulations read the booklet entitled "New Hampshire Freshwater Fishing Digest" and the information in the "New Hampshire Boating and Fishing Public Access Map." Both the booklet and map can be found in your guest information manual or at either camp office.

Very Important: *If you do harvest a fish from the lake, be sure that it is a legal catch and please take no more than one fish per family during your stay. Studies conducted by the Division of Public Health Services indicate that some freshwater fish in New Hampshire contain varying levels of mercury and pose a potential health risk. Because of this, Public Health established the following fish consumption guidelines:*

- *Women of childbearing age and young children are encouraged not to eat more than one meal of freshwater fish per month. Mercury adversely affects the central nervous system in young children and unborn babies.*
- *All other people are recommended to limit their consumption of freshwater fish to no more than four meals per month.*

WORKING TOGETHER FOR A “CALM SQUAM”

RDC puts more people and boats on Squam Lake each summer than any other Squam landowner. The choices we make about water recreation have a major influence on the character and quality of the Squam experience for thousands of campers and non-campers alike.

In recent years this responsibility has led RDC to adopt measures to promote low-impact boating. We enforce a 25-horsepower limit, encourage use of non-power crafts such as canoes, kayaks, sunfish, hydro-bikes and rowing shells, and support all efforts toward light usage of the lakes. Our thanks go to our guests for helping to make Squam a quieter, safer lake for all.

However, there are a few incidents every summer - not all involving guests - reminding us we must remain steadfast in our commitment to responsible boating. The primary oversight is a failure to comply with the State's law of “no wake” within 150 feet of shore or other boats. In some cases this involved boaters engaged in the sport of “tubing.”

We ask all of our guests using powerboats to:

- Constantly heed New Hampshire's no wake law.
- Exercise extreme caution in the vicinity of docks and swimming rafts (all of which are within 150 feet of shore).
- When tubing or repeatedly circling in a power boat, please stay well outside our voluntary 300-foot limit (one football field!), as noise and wake closer to shore can be bothersome to many and can rock boats at docks. The Deephaven shoreline and Bennett Cove are particularly subject to these abuses. Never use docks or floats for take-off or landing tubes at speed.

As always, New Hampshire boating regulations will be included in the guest information manual, and we thank you for being fully acquainted with all boating laws.

In summary, please take the time to become familiar with New Hampshire boating laws. For your convenience, a copy of the State's booklet entitled “Boater's Guide of New Hampshire” is located in your guest manual and at either camp office. Please read this information and encourage every motorboat operator to do the same. The preservation of much that we enjoy at RDC depends on our continual efforts to be good neighbors and good stewards of a precious lake.



Photo by Filip Valusjak



Loon Behavior

Learn To Read The Signs

Loons communicate among themselves using a variety of visual displays and calls. There are several ways in which loons communicate distress if people approach loons too closely, especially those with chicks or those on the nest.



© DANIEL POLESCHOCK, JR. & VIRGINIA R. GUINN

Loons are heavy-bodied birds and normally float low in the water. However, when a loon senses a threat it expels air from between its feathers causing it to sink even lower.

© JOHN ROCKWOOD PHOTO

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The Loon Preservation Committee's mission is to restore and maintain a healthy population of loons throughout New Hampshire; to monitor the health and productivity of loon populations as sentinels of environmental quality; and to promote a greater understanding of loons and the natural world.

Loon Behavior

Learn To Read The Signs



If you approach too near a nesting loon or a loon with chicks it might give a “tremolo” alarm call that sounds like crazy laughter. If the loon is very agitated it may rear up and thrash about in the water.

If you are close to a loon that is calling or displaying, please move away!

Nesting is a vulnerable time for loons, who typically incubate eggs between late May and early July. Normally a loon on the nest stays in a relaxed position with its head upright.



A loon with its head craned forward or down senses a threat and might abandon its nest, leaving the eggs to be taken by a predator or destroyed by chilling or overheating.

If you see a loon in this head-down posture, please back away!

For more information about loons and the Loon Preservation Committee, please visit our website at www.loon.org, or call The Loon Center at (603)-476-LOON.



Know Your Water Birds



© DANIEL POLESCHOCK JR. & VIRGINIA R. GUINN

◀ LOON

A goose-sized, heavy, long-bodied bird with a thick, pointed, black bill. In summer, head and neck are black with a white collar; back is black with white spots. Breast and underbody are white. In the winter, upper body is a more gray color.

Loons sit low in the water when swimming. Legs are very far back on the body which makes movement very difficult on land. Seen in pairs or by themselves.

CORMORANT ▶

Similar in size to the loon. A slender-bodied, dark bird with a longer neck and a slender, hooked bill that is usually tilted upward when swimming. Throat is orange. Tufts on the crown of the head are sometimes visible. Will stand upright out of the water and spread its wings to dry. Roosts on rocks, or logs.



© JOYCE CROSS PHOTO

◀ MERGANSER

A diving duck which is much lighter in color than the loon or cormorant. Common merganser males have bright white sides, green heads and red bills. Females are mostly gray with brown heads and bright white throats.



© JUSZAPES / DAVE HERR PHOTO

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The Loon Preservation Committee's mission is to restore and maintain a healthy population of loons throughout New Hampshire; to monitor the health and productivity of loon populations as sentinels of environmental quality; and to promote a greater understanding of loons and the natural world.

Know Your Water Birds



Some loon pairs will begin to nest in mid May, but late starters, or birds that have renested after a nest failure, might still be incubating eggs in late July.

Loons have a maximum of two chicks. Chicks hatch from mid June to late July. Newly hatched chicks (1-2 weeks old) have a black downy coat and will sometimes ride on the back of a parent.

Older chicks have a coat of light brown down. Expect to see chicks in this plumage in late July or early August.

At ten weeks of age, loons are growing their basic grey plumage. Expect to see chicks like this one in late August through December when they leave for the ocean.

© DANIEL POLESCHOCK, JR. & VIRGINIA R. CUMM PHOTO

For more information about loons and the Loon Preservation Committee, please visit our website at www.loon.org, or call The Loon Center at (603)-476-LOON.

WILDLIFE WATCHING IN NEW HAMPSHIRE

from the NH Fish and Game's website, www.wildlife.state.nh.us

Contents:

- Introduction
- Tools and Techniques for Wildlife Viewing
- Viewing Ethics and Responsibilities
- Photo Tips

NOTE: This article is excerpted from the *New Hampshire Wildlife Viewing Guide* by Judy Silverberg, Ph.D, the wildlife viewing coordinator for the state of New Hampshire. The book is available for purchase from Fish and Game.

Photo by Stephen Anderson



Wildlife Watching in the Granite State

Every day is a good day for viewing wildlife, whether it is in your own back yard, a neighborhood park or a new place you are exploring. This is especially true in New Hampshire, for it's possible to see a moose in your front yard in Concord or listen for a Bicknell's thrush in the rugged terrain of Dixville Notch. From Mount Washington – where the worst weather in the world has been recorded – to the 17 miles of ocean coastline dwarfed by the two hundred mile coastline of the Great Bay estuary, there is a diversity in the New Hampshire landscape rivalled in few places. More than 450 species of fish, mammals, birds, amphibians and reptiles as well as countless insects and marine animals are part of our wildlife heritage.

New Hampshire is more than eighty percent forested, which offers some challenges for viewing wildlife. It is easy for animals to remain secretive and only allow you a glimpse as they turn and blend into their surroundings. Increasing your knowledge about what animals live where and at what season of the year they are most visible will help you have successful viewing experiences. Listen in April and May for the choruses of spring peepers and wood frogs as they sing from wetlands trying to attract a mate. Early June is a good time to see bear grazing on the ski slopes of Cannon Mountain. Osprey are sure to be spotted in July and August along the Androscoggin River. A crisp, clear day in late September on Mt. Kearsarge affords views of hundreds of broad-winged hawks as they migrate south. Winter is a great time to search for bald eagles along the lower Merrimack River in Manchester or to read the stories of winter survival by looking for tracks in the snow.

New Hampshire is home to some of the oldest conservation organizations in the United States and the first National Forest. Our tradition of land stewardship in the 20th century has allowed many special places to remain. Public land and wildlife management agencies, private organizations and businesses are working in partnership to ensure healthy wildlife populations for the future. Their work is supported by people like yourself, who have an appreciation and understanding of the natural systems and diversity of wildlife surrounding us. So whether you experience the excitement of watching a peregrine falcon diving from a building in downtown Manchester... marvel at the sound of coyotes howling on a moonlit night... or feel awe at the sight of the morning mist rising from a bog, know you are partaking of the essence of this place called New Hampshire.

Continued on next page

WILDLIFE WATCHING IN NH Continued

Tools and Techniques for Wildlife Viewing

There is nothing quite as exciting as seeing animals in the wild. The fact that you can never be sure of what you will see helps making watching wildlife a rewarding experience. Watching wildlife can be a goal in itself or it can be a nice addition to a fishing or hiking expedition or any outing. There are a number of things that you can do that will greatly increase your chances of seeing wildlife.

Binoculars are one of the most helpful tools a wildlife watcher can have. Binocular selection can be complicated, so learn all you can before you buy. The best all-purpose binoculars are those with power and dimensions of 7 x 35. This size binoculars gather a lot of light, allowing you to use them in the morning and evening. Finding what you are looking at can be made easier if you first locate the object with the naked eye. Then without moving your eyes bring the binoculars to your eyes and focus.



Photo by Ted Holdahl

Clothing: Wear lots of layers so you can adjust to changing weather. The color of your clothes may affect what animals you see. Birds can see color well, so go with drab, earthy colors to help avoid detection.

Field Guides: Use field guides, checklists and other resources to identify wildlife and learn about habits and habitats. These reference materials can open up a world of information to enrich your experience. Field Guides are available in both office libraries and for purchase at Zodiac (#47).

Go out when wildlife is active: Plan your visit around peak viewing seasons or times of activity. There are several activity peaks in New Hampshire. The first is during April and June, when large numbers of migratory birds return and animals are busy raising their young. A second peak occurs in September and October as migratory birds begin to head south and mammals prepare for winter. The time of day also plays an important part in whether you will see animals or not. In general, wildlife is more active in the first and last hours of daylight.

Be patient, learn to be still and silent: You can improve your chances of seeing wildlife by slowing down. Take a few steps, stop, listen and look. Sharpen your senses by paying attention to sounds and smells. Look for changes in shape and movement all around you. Avoid making noise by not stepping on brittle sticks and leaves or talking out loud. If possible, walk into the wind. If you arrive at a wildlife viewing site expecting to see a lot of wildlife right away, you will probably be disappointed. You need to allow yourself time. In some cases, sitting motionless next to a tree or bush will allow you to blend into your surroundings and in turn the wildlife in the area will go about their daily routines.

Continued on next page

WILDLIFE WATCHING IN NH Continued

Use a blind: You'll increase your chances of having a successful viewing experience if you can conceal yourself. This can be done by simply standing behind a tree or bush instead of out in the open. Cars, boats and canoes make excellent viewing blinds. Animals who are used to seeing these things may not feel threatened or disturbed unless you try to get out.

Prepare for your outing: Learn everything you can about a wildlife viewing site before you visit, and check for warnings about road conditions and weather. If it is a site you are hiking into, make sure you know where you are going and have water, proper footgear and clothes. During the spring and the summer, expect insects. Bring along repellents and wear protective clothing. A hat with a brim and good sunglasses can protect your eyes from the sun while use of a sun block will protect your skin.

Viewing Ethics and Responsibilities

Most people who spend any time outdoors care a great deal about wildlife and wildlife habitat. Unfortunately, even the innocent act of observing wildlife can have a great impact on the animal if it is not done properly. Observing a few guidelines will help us put the needs and safety of wildlife first, to conserve wildlife and habitats and respect the rights of others.

Enjoy wildlife from a distance: The goal of successful wildlife watching is to see animals without interrupting their normal behavior. Wildlife send clear signals you are too close when they stop feeding and raise their head sharply, move away, change direction of travel or appear nervous or aggressive. These disturbances may result in an animal abandoning its young, injuring itself as it tries to escape, quit feeding at a time of critical energy need or displaying aggressive behavior toward you.



Photo by Brad Elean

Don't feed the animals. While it may seem exciting at the time to have an animal eat out your hand, there are potential serious consequences. Some animals that become accustomed to handouts may lose their natural fear of humans. This may cause them to become aggressive with visitors who refuse to feed them. This situation may lead to human injury, which in turn usually means the death of the animal involved. Human food does not meet the living requirements for many animal and may seriously harm them.

Animals who have become accustomed to handouts may be faced with starvation once that food source is no longer available.

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WILDLIFE WATCHING IN NH Continued



Photo by Bob Carroll

Never chase or harass animals. In some cases, valuable energy resources needed for survival are used when animals are chased. Your wildlife viewing experience will be more successful if you leave your pets at home.

Don't pick up orphaned or sick animals. Wild animals rarely abandon their young. In most cases the adults are nearby, waiting for visitors to leave before they return. If an animal appears to be sick or injured, behaves oddly or appears to be tame, leave it alone. There are a number of wildlife diseases including rabies that can affect humans.

Honor the rights of private landowners. Always ask permission before entering private property. Leave no trace that you have been there.

Respect the rights of other recreationists at a site. Be considerate when approaching wildlife that is already being viewed. A loud noise or quick movement may spoil the experience for everyone. Remember – you share the woods with many other recreationists including hikers, snowmobilers, mountain bikers and hunters. Most public lands are open to hunting and fishing.

Photo Tips

1. Early morning and late afternoon are the best times to photograph.
2. A wide-angle lens (20-28 mm) can capture your scenic shots. Use the greatest depth of field possible.
3. A telephoto (200-400 mm) lens is best for close-ups of wildlife. Make sure you give enough space to the animal you are photographing so they will be more natural.
4. For sharp pictures, use a tripod. Consider using a tripod and shutter cable release for shooting in early morning or late evening light.
5. Do not leave your camera in a closed vehicle during hot weather.



Photo by Ted Holdahl

TEN ESSENTIALS FOR A SAFE AND PLEASANT HIKE

by Rob Burbank

from the Appalachian Mountain Club's website, www.outdoors.org

I still haven't learned to pack light.

I'm always trying to whittle down my equipment list and only bring what's absolutely necessary, but I just can't resist the urge to toss a few extra things into my pack — a water filter, say, or a couple of extra sweaters in case it gets really cold. Inevitably, I lug more stuff than I need, but at least I'm prepared for just about anything.

If your goal is to be safe and comfortable in the outdoors, it can be tough to come up with a short list of essentials. What follows is not a comprehensive hikers' checklist, but if you want to pack light, pack smart, and be prepared, here are 10 things you can bring, or things you can do, to help ensure a safe and pleasant day hike.

- **Eat a good breakfast.** It's true: Breakfast is the most important meal of the day. A morning meal that includes hot cereal, like oatmeal or Cream of Wheat, will provide carbohydrates for energy on the trail. Keep your energy level up throughout the day by sipping water and nibbling on fruits and nuts.
- **Tell someone where you're going** and when you expect to return. Let family or friends know your hiking plans. If you're overdue, rescuers will know where to look for you. Posting your itinerary on your car in the trailhead parking lot can be an invitation to thieves, and isn't advised. (Learn what information should be in the complete itinerary you leave with family or friends.)
- **Get a weather report.** Weather is always the wild card in the mountains. When you hit the trail, wear or bring clothing that will keep you warm and dry, even if the skies are clear. Be willing to turn back if the weather becomes threatening. Stay inside and take up knitting if the weather is dangerous. The mountains will still be there tomorrow.
- **Bring a compass, a map, and a guidebook.** I've said it before: A compass is an invaluable navigational tool, but a lousy talisman. It brings you no luck if it sits in your pocket (which is where it's likely to stay if you don't know how to use it). Consider taking a map-and-compass course (walk-on skill workshops are available as part of our Outdoor Explorations program.)
- **Bring a light source.** Flashlights or headlamps are essential gear, even if you don't plan on being out after dark. Pop an ankle or wander off trail and, suddenly, your quick hike can take a lot more time. Toss in a back-up flashlight and an extra set of fresh batteries to be truly prepared.
- **Bring a first aid kit.** Simple stuff does the trick. Adhesive bandages, adhesive tape, gauze, a small squeeze bottle to irrigate wounds, antibiotic ointment, and pain relievers are the basics. Also, a bandanna works as a cravat bandage or a sling.

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TEN ESSENTIALS FOR A SAFE AND PLEASANT HIKE Continued

- **Bring plenty of water.** Nobody drinks enough water. And, you need lots when you're exercising. Two quarts per person per day is recommended. Your body functions better when you're well-hydrated, and you feel better, too. Two quarts a day keeps dehydration away.
- **Carry out what you carry in.** It's hard to believe this was a new concept as recently as 1970. Luckily, it's here to stay. There's no trash pick-up in the backcountry, so footprints are all you should leave behind (AMC is a Leave No Trace Master Educator).
- **Don't forget the duct tape.** Public TV's Red Green calls it the handyman's secret weapon. In the backcountry, duct tape is a repair kit on a roll. Wind a few feet around your water bottle and it'll always be close at hand. A hole in your canoe or a tear in your tent are no fun, but a bit of duct tape can save the day. If you can't fix it with duct tape, it probably wasn't broken to begin with.
- **Stop and smell the flowers.** The summit view you're aiming for is just one part of the hike. The journey to get there holds just as many rewards if we slow down and enjoy them. And, if you have room in your pack, don't forget your camera.

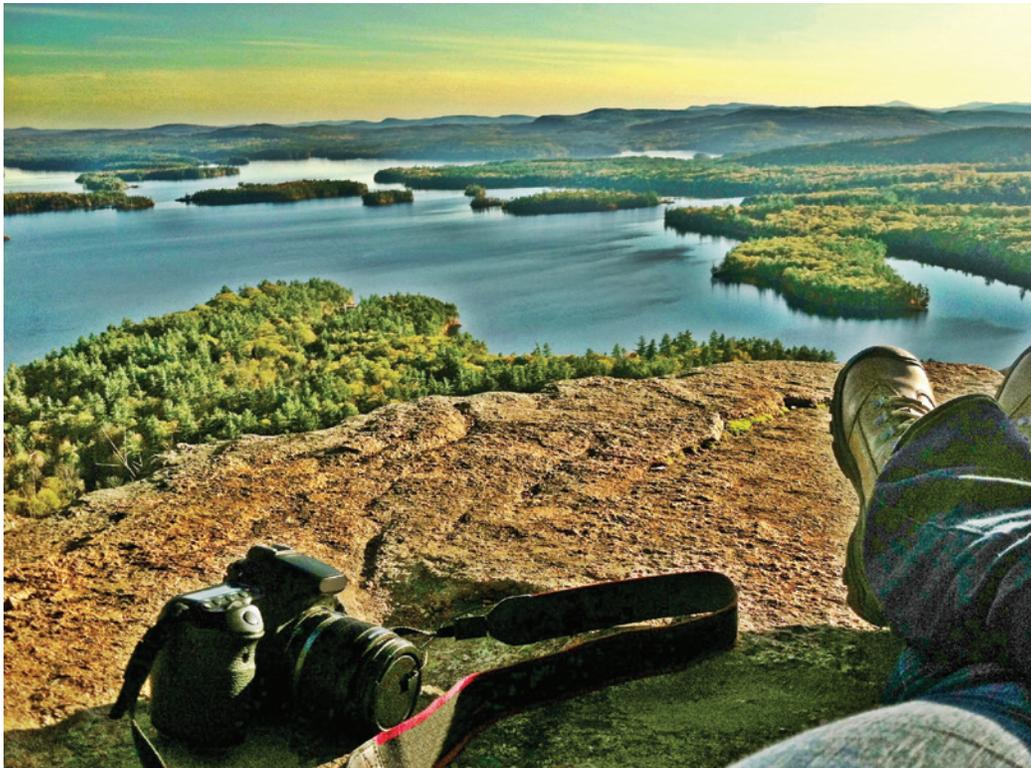
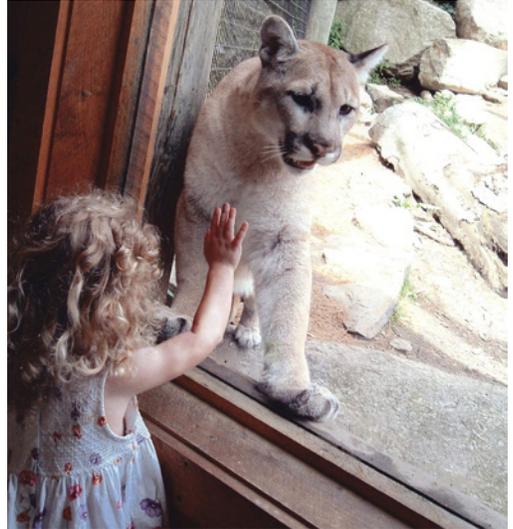


Photo by Heidi Stockman

IT'S RAINING... SO NOW WHAT?

Although New Hampshire is at its best in the sun... there are still things to do when the clouds come in. Besides visiting Zodiac, the Rec Hall, the Store or any of our libraries for a variety of games, activities and books... the area around us is full of summer fun.

1. Get to know the ecology of the area... **The Squam Lakes Natural Science Center** located on Route 113 in Holderness is an interactive and family-friendly learning experience. From live animal exhibits to play areas and hiking trails the Science Center is an adventure waiting to happen. You could sign up for a class or explore yourself walking from the live mountain lion exhibit to the black bear and many others. In addition to that the Science Center includes a large gift shop and the delicious **Kirkwood Café**. If you're interested talk to one of the office staff about getting our free passes. 603-968-7194



2. Check out the **Squam Lake MarketPlace!** Part of the Squam Lake Inn, the Market sells sandwiches, coffee, and pastries, Squam Lake gifts, souvenirs, and some attire. Swing by for a snack, coffee, some shopping, or simply to check out the menu and venue! 603-968-8588

3. Care to ride the rails? Every summer the **Winnepesaukee Scenic Railroads** takes visitors around beautiful Lake Winnepesaukee. It leaves from Meredith Bay and runs to Weirs Beach and onto Paugus Bay before making its way back to Meredith. The trip runs about two hours long taking in seven miles of waterfront. It's a relaxing and stunning way to see some of the area and the lakes that make this region so unique. For more information call 603-279-5253.



4. Satisfy your sweet tooth? **Kellerhaus** is the oldest candy shop in New Hampshire. Stop by and choose from their vast collection of chocolates, traditional candy shop favorites, fudge, nuts and maple products. Located at Weirs Beach, Kellerhaus also makes ribbon candy by hand, one of the few places in the world to still make it that way. During the summer months, the shop is well-known for their ice cream sundae buffet. Pile on the toppings and enjoy this one-of-a-kind treat. 603-366-4466

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IT'S RAINING... SO NOW WHAT? Continued

5. Take a tour of **Laconia's Belknap Mill**, the oldest unaltered brick textile mill in the nation. Built in 1823, the mill represents the height of the Industrial Revolution. It sits on the National Register of Historic Places today and has been designated the "Official Meetinghouse of New Hampshire." A historically themed gift shop offers items like old-fashioned toys, folk art, jams and jellies, coffees and textile products. Many events and educational programs are offered at the mill throughout the year. The mill is part of Laconia's historic district, where a walking tour known as the Riverwalk, a one-mile stretch along the Winnepesaukee River that takes you past other historic sites like the Busiel Mill, the Laconia Public Library, the Masonic Temple and the Laconia Passenger Station. 603-524-8813



6. Catch your breath at the Castle... **Castle in the Clouds** in Moultonborough sits high in the Ossipee Mountain Range and offers dramatic panoramic views from "the clouds." Built in 1914, the Arts and Crafts style mansion is a stunning architectural specimen, but the castle also offers 45 miles of hiking trails on 5,000 acres to explore. A short walk leads to a cascading waterfall. An interpretive trail features an interactive exploration of the ecology, history and geology of this special place. While you're there try dining at the stables or browsing through the castle's gift shop. Also something not to miss there is the castle's impressive fish pond. 603-476-5900

7. **Weirs Beach**...Yes, it's the site of the annual Motorcycle Week rally, but Weirs Beach has a long history as a summer tourist destination. It offers prime views of Lake Winnepesaukee, a small beach and an old-fashioned boardwalk complete with arcades and ice cream, shops and pizza places. Try a round of mini golf or take in a movie at the local drive-in theatre, one of the last of its kind in the country (call 603-336-5777 for the movie lists and it always starts at dusk). Another highlight: A beautiful cruise around the spectacular Lake Winnepesaukee on "The Mount" part of **Mount Washington Cruises**. The boat makes its home there during summer months. 603-366-5531 Weirs Beach has it all!



Continued on next page

IT'S RAINING... SO NOW WHAT? Continued



8. **FUNSPOT!** The largest arcade in the world! It's complete with mini golf, bingo, bowling, around 500 classic games and much more, even now with a tavern and restaurant for hungry players. It was also featured in the movie *King of Kong*. 603-366-4377



9. **Fancy some shopping?** There are several places around that offer an array of shopping opportunities. Window shopping? Quaint boutiques? Check out Wolfeboro, NH, a beautiful town right on the other side of the lake. Looking for more of a mall atmosphere? Manchester and Concord both have malls that include more of the typical stores like Gap, and Macys, and Tilton has the Tanger Outlet Mall. How about a little something in between? North Conway is the way to go. This town boasts not only Settlers Green (an indoor-outdoor shopping complex) but also a town center with lots of places to poke into like Zeb's Candy Kitchen and the Children's Museum.



10. Quick trip out? The **Moultonborough General Store** is right off Route 25. It is an attraction for visitors and locals alike, with its one of a kind gifts and penny candy bar. Its eclectic and old-fashioned atmosphere is topped off with huge jars of homemade pickles and a mini museum upstairs. 603-476-5750 Also very close, the **Mills Falls Marketplace** in Meredith is an upscale hotel/spa and is home to some of the areas favorite shops, a salon and bookstore. 603-279-7006

11. **Movies, Movies, Movies...**

(There is a movie listing for each week on the babysitting board in each office as well)

BarnZ's Meredith Cinema: 603-279-7836

Gilford Cinema 8: 603-528-6600

12. Do you have a desire for a blast from the past? The area is littered with **antique shops** with one or more in just about every town.

Continued on next page

IT'S RAINING... SO NOW WHAT? Continued

13. Museums:

Lake Winnepesaukee Museum

503 Endicott Street, Route 3, Laconia, NH
603-366-5950

This property is a historic landmark. It shows how culture changed the way Americans spent their summer vacations on Lake Winnepesaukee in New Hampshire.

Open year-round:

Tues. - Sat. 10:00 a.m. - 2:00 p.m.



Wright Museum

77 Center Street, Wolfeboro, NH
603-569-1212

The featured exhibits focus on WWII. You'll find a home front gallery and theater, a visitor's center and a military section that has exhibits on all branches of the military service. There is so much to see and learn.

Open: May - Oct.:

Mon. - Sat. 10:00 a.m. - 4:00 p.m.

Sun. 12:00 p.m. - 4:00 p.m.

NH Boat Museum

395 Center Street, Wolfeboro, NH
603-569-4554

Learn about the Lakes Region's boating and how it played in the growth of the Lake Winnepesaukee area of New Hampshire. You'll find United States maritime history with a focus on the Lakes Region. It features many examples of vintage mahogany and antique boats.

Open Memorial Day through Columbus Day:

Mon. - Sat. 10:00 a.m. - 4:00 p.m.

Sun. 12:00 p.m. - 4:00 p.m.



Historic Belknap Mill

25 Beacon Street East, Laconia, NH
603-524-8813

The Belknap Mill is the only building left that represents the Industrial Revolution. Come and visit the industrial knitting museum and check out the gift shop.

Open all year:

Mon. - Fri. 9:00 a.m. - 5:00 p.m.

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IT'S RAINING... SO NOW WHAT? Continued

Wolfeboro Historical Society

337 S. Main Street, Wolfeboro, NH
603-569-4997

The Wolfeboro Historical Society features three historic buildings in downtown Wolfeboro, New Hampshire on Lake Winnepesaukee. These include the Clark House, Firehouse and Schoolhouse.

Open July and Aug.:

Wed. - Sat. 10:00 a.m. - 4:00 p.m.

Sun 10:00 am - 2:00 p.m.

Mount Washington Museum

At the Summit of Mt. Washington, North Conway, NH
603-356-2137

Learn about the weather on Mt. Washington in New Hampshire, which is one of the worst in the world, and the reasons why it's so severe. This museum features a weather discover room, geological history, rock strata, continental ice sheets and more.

Open Daily:

May - Mid Oct.: 9:00 a.m. - 6:00 p.m. (weather permitting)



The Remick Country Doctor Museum and Farm

58 Cleveland Hill Road, Tamworth NH
603-323-7591

Explore over 200 years of self-sustained living, as the farm preserves the agricultural way of life in New Hampshire.

Open Mon. - Fri. 10:00 a.m. - 4:00 p.m.

and Sat. Memorial Day through Columbus Day

The Museum of the White Mountains

Plymouth State University
34 Highland Street, Plymouth, NH
603-535-3210

Regular museum hours:

Tues., Thurs. and Fri. 10 a.m. - 5 p.m.

Wed. 10 a.m. - 7 p.m., Sat. and Sun. noon - 5 p.m.

Closed Mondays and University holidays.

The Museum of the White Mountains preserves and promotes the history, culture, and environmental legacy of the region; as well as provides unique collections-based, archival, and digital learning resources serving students, researchers and the public.

Museum of the
WHITE MOUNTAINS

PLYMOUTH STATE UNIVERSITY

Continued on next page

IT'S RAINING... SO NOW WHAT? Continued

14. Do you miss the winter?

There are a couple ice rinks around the area that offer skating during the summer: The Plymouth State University Ice Arena in Plymouth (603-536-5740) and another in Waterville Valley (603-236-4813).



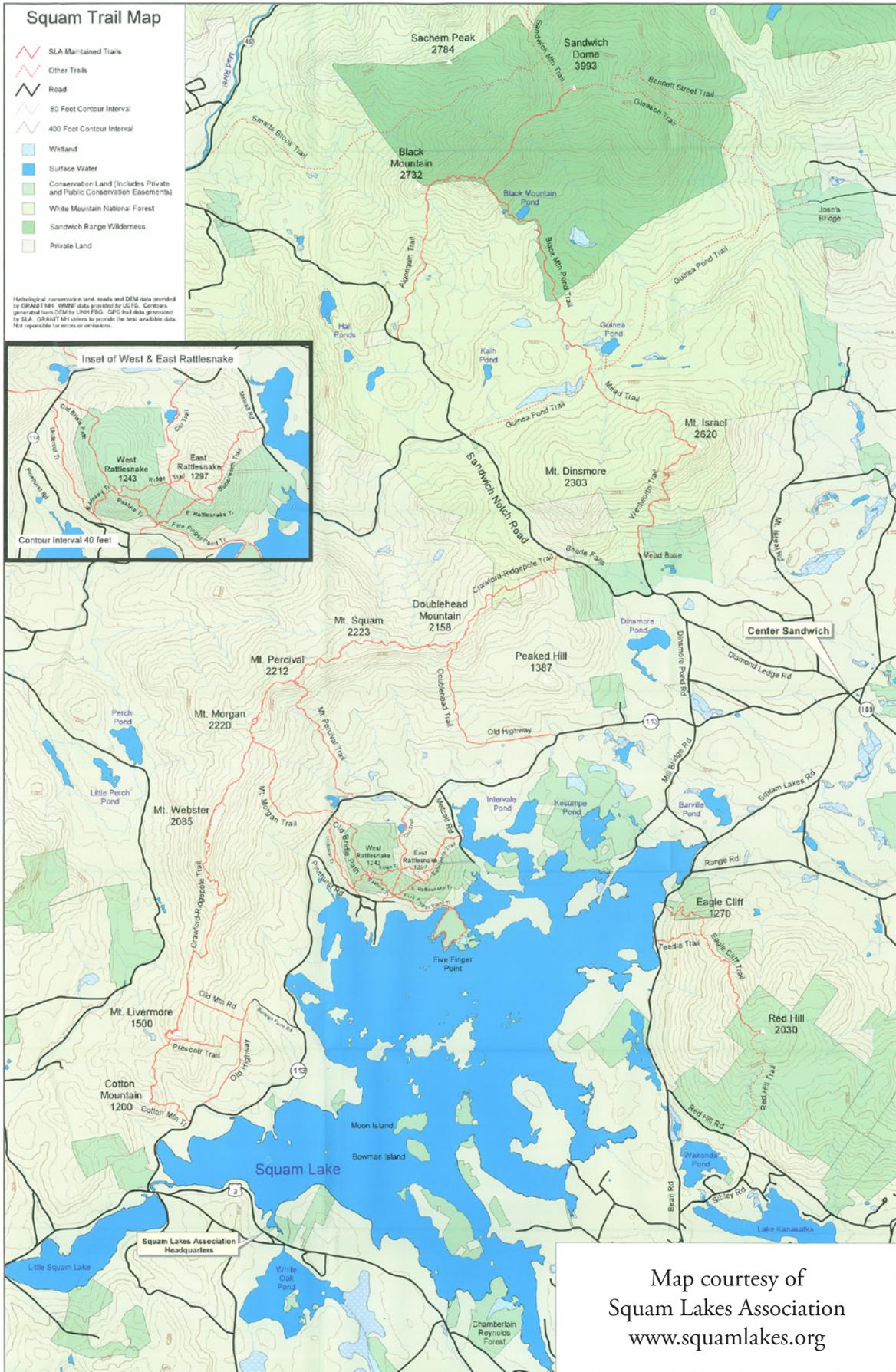
15. **Discover Sandwich...** Just 15 minutes away, Center Sandwich, NH lies cradled between the beautiful White Mountains and Squam Lake. It's one of NH's best kept secrets... almost untouched by

time, this quaint and friendly neighborhood offers many things for travelers. There is fine dining at the Corner House Inn, organic farms, yoga barns, antiquing, and so much more. Also unique to Sandwich is the League of NH craftsman and Home Industries. They offer a wide variety of craft workshops and demonstrations for children and adults. However if you're not ready to create your own, the Industries also has a wonderful gallery full of handcrafted pieces for sale. Other great things to do in Sandwich include: Sandwich Creamery, Sunshine Park Disc Golf Course, Surroundings Fine Art Gallery and Patricia Ladd Carega Gallery. For more information see the Sandwich, NH brochure and the League of NH Craftsman brochure in either office.



If you have any other questions or need help brainstorming alternative ideas... feel free to ask!

RDC



This trail information is taken from the Squam Trail Guide courtesy of the Squam Lakes Association. The SLA trails are blazed with yellow paint and signs are posted at trail junctions. The mileage and times listed in this guide are for the uphill climb only, except for the loop trails.

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The Rattlesnakes

East and West Rattlesnake are very prominent mountains which rise 700 feet above the northern shore of Squam Lake. About one third of the Rattlesnakes are located on the Armstrong Natural Area, owned by the University of New Hampshire (UNH). Five Finger Point is also owned by UNH, and the land surrounding these conservation areas is private.

Old Bridle Path

0.94 miles, 35 min. to West Rattlesnake (1243')

The Old Bridle Path from NH-113 to West Rattlesnake is the most heavily used trail in the Squam region. This gradual trail provides easy access to the views of Squam Lake from West Rattlesnake. The trailhead is located across from the Mt. Morgan parking lot on NH-113, 5.3 miles northeast of US-3 in Holderness, 6.3 miles west of US-109 in Center Sandwich.

The Old Bridle Path was reconstructed with stairs, drainage and switchbacks by the SLA Trail Crew during the fall of 2000 and 2001. Douglas' Knotweed (*polygomonum douglasii*) is present on the summit of West Rattlesnake and is a threatened plant in New Hampshire. The plants are being protected by rock scree (rings of rocks) and educational signs. Please do your part to protect the environment by staying on established trails and durable surfaces at the summit of West Rattlesnake.

Ramsey Trail

0.47 miles, 35 min. to West Rattlesnake (1243')

The Ramsey Trail is a steep climb to the summit of West Rattlesnake. The trailhead is located on Pinehurst Road, 0.7 miles from NH-113 and 70 yards beyond the entrance to Rockywold Deephaven Camps. In 0.1 miles the Ramsey Trail takes a sharp right up a steep hill. The Undercut Trail continues straight at this junction. The trail is somewhat challenging as it climbs steep rock ledge.

Undercut Trail

0.91 miles, 20 min.

The Undercut Trail leaves Pinehurst Road 70 yards beyond the entrance to Rockywold Deephaven Camps and crosses back to NH-113, near the Old Bridle path trailhead. A loop hike is possible by combining the Old Bridle Path, the Ramsey Trail and the Undercut Trail.

Pasture Trail

0.54 miles, 35 min. to West Rattlesnake (1243')

The Pasture Trail climbs from Pinehurst Road to West Rattlesnake. The trailhead is on Pinehurst Road, 0.9 miles from NH-113. Limited parking is available on the right, before the stone gate. The trailhead is a driveway on the left, 100 yards beyond the gate. The trail turns to the right and passes the Pinehurst Farm buildings. At 0.2 miles the Five Finger Point Trail and East Rattlesnake Trails leave on the right, and in 15 yards the Pasture Trail bears to the left and the Col Trail continues straight. The Pasture Trail climbs steeply to the summit of West Rattlesnake.

Col Trail

1.2 miles, 40 min.

The Col Trail passes between East and West Rattlesnake from Pinehurst Road to NH-113. The trailhead is the same as the Pasture Trail. At 0.2 miles from Pinehurst Road the Five Finger Point Trail and East Rattlesnake Trails leave on the right, and in 15 yards the Col Trail continues straight and the Pasture Trail branches off to the left. At 0.5 miles the Ridge Trail crosses the Col Trail.

At 0.9 miles the trail passes a beaver swamp with views of the Squam Range. At 1.0 miles the trail joins a dirt road and bears right and intersects with NH-113 in another 0.2 miles. This trailhead is 0.3 miles east of the Holderness and Sandwich town line.

Ridge Trail

1.0 miles, 40 min. from West to East Rattlesnake

The Ridge Trail connects West and East Rattlesnake. The trail begins northeast of the ledges on West Rattlesnake and descends gradually. At 0.4 miles the Col Trail comes in on the right and just ahead leaves again on the left. At 0.8 miles the East Rattlesnake Trail joins the Ridge Trail on the right. There is a great view of Squam from a rock ledge on the right at 0.9 miles and the Butterworth Trail comes in on the right at 1.0 miles, which is the summit of East Rattlesnake.

East Rattlesnake Trail

0.7 miles, 35 min. to East Rattlesnake (1297')

The East Rattlesnake Trail climbs East Rattlesnake from Pinehurst Road and the trailhead is the same as the Pasture Trail. The trail leaves the Pasture Trail at 0.2 miles from Pinehurst Road and crosses a small brook. The East Rattlesnake Trail branches left and the Five Finger Point Trail branches to the right. The East Rattlesnake Trail joins the Ridge Trail at 0.5 miles and comes to an excellent viewpoint overlooking Squam at 0.6 miles. The Trail reaches the summit at 0.7 miles where it joins the Butterworth Trail.

Butterworth Trail

0.7 miles, 45 min. to East Rattlesnake (1297')

The Butterworth Trail ascends East Rattlesnake from Metcalf Road. Metcalf Road is 0.7 miles east of the Holderness and Sandwich town line. The trailhead is located on Metcalf Road, 0.5 miles from NH-113. The trail climbs moderately to East Rattlesnake and the view point is 0.1 miles beyond the summit on the East Rattlesnake Trail.

Five Finger Point

2.7 miles, 1 hour for Five Finger Point loop

This loop trail follows the shoreline of UNH's Five Finger Point. There are several beaches and a popular jumping rock, although camping and campfires are not permitted. The trail leaves the Pasture Trail at 0.2 miles from Pinehurst Road. After a small brook, the trail bears right and the East Rattlesnake Trail heads to the left. The trail descends 0.7 miles to a 1.3 mile loop path which follows the shoreline of Squam Lake.

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The Squam Range

From Mt. Morgan to Doublehead, the Crawford-Ridgepole Trail follows a route that is frequently in the open as it crosses large ledges. The mountain tops are difficult to distinguish from a distance, but they rise high enough above the trees to offer superb views in many directions. The Crawford-Ridgepole Trail southwest of Mt. Morgan is mostly in the trees, however there are good views at Mt. Webster, Mt. Livermore and Cotton Mountain.

Crawford-Ridgepole Trail

From Sandwich Notch Road (1220')

2.0 miles, 1 hour 30 min. to Doublehead (2158')

3.2 miles, 2 hours 15 min. to Mt. Squam (2223')

4.5 miles, 3 hours 5 min. to Mt. Percival (2212')

5.3 miles, 3 hours 35 min. to Mt. Morgan (2220')

7.2 miles, 4 hours 45 min. to Mt. Webster (2085')

10.0 miles, 6 hours 10 min. to Mt. Livermore (1500')

11.3 miles, 7 hours 5 min. to Cotton Mtn (1210')

11.9 miles, 7 hours 25 min. to NH-113 gravel pit

The Crawford-Ridgepole Trail follows the ridge line of the Squam Range, from Sandwich Notch Road to Cotton Mountain. The views are excellent from the northeastern part of the trail, including: Doublehead, Mt. Squam, Mt. Percival and Mt. Morgan. The views in the southwestern section are further apart, but are excellent at Mt. Webster, Mt. Livermore and Cotton Mountain.

The trailhead is located on Sandwich Notch Road, 0.5 miles northwest of Beebe Falls (Cow Caves) and 2.0 miles southeast of the power lines along the Beebe River. The southern trailhead is the Cotton Mountain Trail on NH-113 at the old gravel pit.

From Sandwich Notch, the Crawford-Ridgepole Trail ascends steeply to an unnamed peak and continues to East Doublehead (2158') at 2.0 miles. The Doublehead Trail comes in on the left at 2.1 miles, and there is a good viewpoint 0.1 miles down the Doublehead Trail. At 2.2 miles the trail ascends West Doublehead (2130') and continues over exposed ledge. Uncle Paul's Potholes are on the right at 3.1 miles, and Mt. Squam (2223') is at 3.2 miles. Mt. Percival (2212') is at 4.5 miles and has beautiful views of Squam Lake. The Mt. Percival Trail heads left down to NH-113, and the Crawford-Ridgepole Trail continues straight across the rock ledge.

The trail passes just west of the Sawtooth (2238'), the highest point on the Squam Range and comes to the Mt. Morgan Trail at 5.3 miles. The summit of Mt. Morgan (2220') is to the right, 140 yards from this junction. The Crawford-Ridgepole Trail and the Mt. Morgan Trail coincide at this junction and head down a rock staircase. At 5.4 miles an alternate trail to Mt. Morgan heads right and ascends the cliffs over rock ladders, while the main trails continue to descend. At 5.7 miles the Crawford-Ridgepole Trail heads right towards Mt. Webster, and the Mt. Morgan Trail descends to NH-113.

At 7.2 miles a spur trail leads left 50 yards to the summit of Mt. Webster (2085') and at 7.5 miles the Webster Outlook offers wonderful views to the east. The trail crosses the Old Mountain Road at 9.6 miles and continues to Mt. Livermore at 10.0 miles. The trail descends via switchbacks to the junction of the Prescott Trail which heads left at 10.4 miles. The trail descends and crosses two brooks and then climbs through a hemlock forest to Cotton Mountain (1210') at 11.3 miles, which is the end of the Crawford-Ridgepole Trail. Descend via the Cotton Mountain Trail to NH-113 at the old gravel pit, which is another 0.6 miles.

Mt. Morgan Trail

2.1 miles, 1 hour 30 min. to Mt. Morgan (2220')

4.8 miles, 3 hours 10 min. to loop over Mt. Morgan and Mt. Percival via Mt. Morgan Trail, Crawford-Ridgepole Trail and Mt. Percival trail.

The Mt. Morgan Trail climbs Mt. Morgan from NH-113, 0.5 miles northeast of Pinehurst Road, and 5.4 miles northeast of US-3 in Holderness. A parking area is located on the north side of the road. At 1.7 miles the Crawford-Ridgepole Trail enters on the left. At 1.9 miles the cliff trail heads left over rock ladders and through a boulder cave. At 2.0 miles the Crawford-Ridgepole Trail heads right towards Mt. Percival, and the Mt. Morgan Trail heads left and reaches the summit of Mt. Morgan at 2.1 miles. There is a short spur trail on the right which leads to the actual summit of Mt. Morgan and the rock ledge to the left offers excellent views of Squam Lake. Continue northeast on the Crawford-Ridgepole Trail for the loop hike across Mt. Percival.

Mt. Percival Trail

1.9 miles, 1 hour 40 min. to Mt. Percival (2212')

The Mt. Percival Trail ascends Mt. Percival from NH-113 and offers outstanding views of Squam. The trailhead and parking area are located on the north side of NH-113, 0.3 miles northeast of the Mt. Morgan trailhead, 5.7 miles northeast of US-3 in Holderness and 5.9 miles west of NH-109 in Sandwich.

The trail crosses a brook at 0.9 miles and ascends gradually to 1.5 miles, where it traverses the south slope of Mt. Percival. At 1.6 miles the trail climbs a steep pitch and offers views to the south at 1.8 miles. Just below the summit an alternate trail heads left through boulder caves, while the main trail heads right to the summit at 1.9 miles. The Crawford-Ridgepole Trail also crosses the summit of Mt. Percival and offers a loop hike via Mt. Morgan.

Doublehead Trail

2.4 miles, 1 hour 55 min. to West Doublehead (2120')

The Doublehead Trail climbs to a ledge on Doublehead Mountain and has some of the best views in the Squam Range. The trail follows the Old Highway, a 4-wheel-drive road for 0.9 miles and then it turns right and climbs 1.5 miles to Doublehead. The Old Highway leaves the west side of NH-113, next to a small cemetery at a point 3.4 miles southwest of Center Sandwich and 2.8 miles east of the Mt. Morgan trailhead. Parking is available on the west side of NH-113 by the Old Highway sign.

The Old Highway which was once the main road between Holderness and Center Sandwich, passes the cemetery and an old farmhouse immediately on the right. At 0.4 miles the road crosses a brook and comes to a logging clearing at 0.6 miles. The Doublehead Trail heads right at 0.9 miles and the yellow blazes begin. The trail crosses an old log yard at 1.0 miles and continues to the right. At 1.4 miles the trail turns left on an old skidder road and turns right in another 100 yards, crossing several wet areas. The trail climbs a steep pitch, crosses a stone wall and then enters a mature forest. At 2.2 miles the trail comes to cliffs with wonderful views of Squam and Sandwich. The trail ends at its junction with the Crawford-Ridgepole Trail at 2.4 miles, which is 80 yards west of East Doublehead.

Other trails of interest in the Squam Range include: the Old Highway, the Old Mountain Road, the Prescott Trail and the Cotton Mountain Trail.